

SAINT HELEN'S PARISH 5th SUNDAY of the YEAR

7th February 2021

LIVE STREAM

<https://sthelenscaerphilly.com/st-helens-live-stream/>



He Took her by the Hand, and Raised her Up

THE WORD THIS WEEK

Job gives voice to feelings and exhaustion we may know in lockdown. Jesus brings healing, which allows Peter's mother-in-law to get back to her regular busy-ness. But Jesus needs the refreshment of prayer to keep going, moving all through Galilee healing disease and casting out devils: 'He heals the broken-hearted and binds up all their wounds.' This is the Good News Paul can't stop preaching.

TODAY'S SCRIPTURE: (*Psalter: Week 1*)

Job 7: 1 – 4, 6 – 7.

Restlessly I fret till twilight falls.

Response: Psalm 146.

Praise the Lord for he is good;
sing to our God for he is loving:
to him our praise is due,
to him our praise is due.

The Lord builds up Jerusalem //
and brings back Israel's exiles,
he heals the broken hearted, //
he binds up all their wounds.
He fixes the number of the stars;
he calls each one by its name.

Our Lord is great and almighty;
his wisdom can never be measured.
The Lord raises the lowly;
he humbles the wicked to the dust.

1 Corinthians 9: 16 – 19, 22 - 23.

I should be punished if I did not preach the Gospel.

Acclamation for the Gospel:
Alleluia, Alleluia, Alleluia!
He took our sickness away,
and carried our diseases for us.
Alleluia, Alleluia. Alleluia!

Mark 1: 29 – 39.

He cured many who suffered from diseases of one kind or another.

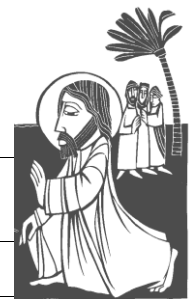
Prayer of the Faithful: R/. Lord, raise us up.

Preface and Eucharistic Prayer: iv.

Communion Antiphon:

Blessed are those who mourn, for they shall be consoled.
Blessed are those who hunger and thirst for righteousness, for they shall have their fill.





MASS AND SERVICES DURING THE WEEK:

Sat 6 th February	6.30pm	5th SUNDAY OF THE YEAR for the People of Both Parishes
Sun 7 th February	10.30am	for those who have Died in the Pandemic
Mon 8 th February	10.00am	Saint Josephine Bakhita , Virgin Requiem for Teresa Meade
Tues 9 th February	9.45am 10.00am	Saint Teilo , Bishop Morning Prayer of the Church Thanksgiving (NB)
Wed 10 th February	9.45am 10.00am 5.00pm	Saint Scholastica , Virgin Morning Prayer of the Church Thanksgiving (TT) (Virtual) Holy Hour
Thurs 11 th February	6.45pm 7.00pm	Our Lady of Lourdes Evening Prayer of the Church Margaret Kelly
Fri 12 th February	9.45am 3.15pm	Morning Prayer of the Church Requiem for Anne Chamberlain
Sat 13 th February	6.30pm	6th SUNDAY OF THE YEAR for the People of Both Parishes
Sun 14 th February	10.30am	Private Intention (HO)



THE SACRAMENT OF RECONCILIATION:

At any time by prior arrangement with the priest.

The PARISH PRAYER LIST: Among all those we pray for in this time,

we continue to remember all suffering from the virus and its effects. We remember also:

Eileen Morris	John Maguire	Graham Jenkins	Sandra Bray	Lloyd Jones
Cecelia Mawby	David Mabey	Isobel Cummins	Pauline Richards	Margaret Jones
Carol Morrissey	Claris Howell	Anne Morgan	Pat Starynski	Yvonne Grandon
Martyn Western	Marjorie Gurney	Carmen Agius	Lowela Teves	Joe Marengi
Pamela and Keith Griffiths	Pat + Pino Emanuelli	Mary & Wilson Brown	Katrin Merry	
Sian Thomas	Winifred Benedict	Albert Carley	Mary Everson	Maura Coll
Pat Doheney	Mary Gordine	Paul Barnaby		

PRAYER CYCLE FOR OUR DIOCESE: Please pray for the People and Parish of the Saint Anthony of Padua and Saint Clare, Risca, with their Priest, Rev Kevin Payne.

THE YEAR OF THE WORD – THE GOD WHO SPEAKS

“I would like so much for all Christians to be able to comprehend ‘the surpassing worth of knowing Jesus Christ’ through the diligent reading of the Word of God, for the sacred text is the nourishment of the soul and the pure and perennial source of the spiritual life of all of us.”

(Pope Francis)

Children’s Liturgy of the Word:

<https://docs.google.com/presentation/d/1p0-HKi6CufIjGsIrW6YX6WM7Aj5x-gCXkGcSpgrcSOXg/edit>

Also a Cafod version:

<https://cafod.org.uk/Education/Children-s-liturg>

CONGRATULATION to the winners of the January draw for the CAFOD 100 Club :

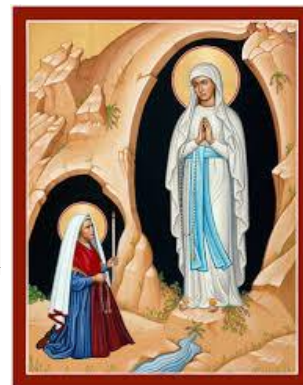
1st: No.14, C.J. Llewellyn; 2nd: No. 39, H Emery; 3rd: No.82, G. Jenkins

Unfortunately due to the pandemic we are unable to collect subscriptions for the time being, but hope to get things up and running again as soon as possible when we will be able to continue with the quarterly draw.

THE
GOD
WHO
SPEAKS

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OUR LADY OF LOURDES: Prepare in Prayer for her feast on 11th February: Monday 8th February – Wednesday 10th February, 3 days of (virtual) prayer from the Cathedral in preparation for the feast of Our Lady of Lourdes on Thursday 11th February: 6pm Rosary followed by Mass with a reflection by guest clergy, via the live-stream at: www.cardiffcathedral.org.uk; 7pm –8pm Novena Prayers via Zoom Link : 868-571-1627 / Password : cathedral.



An Invitation to Hope: Mission through Prayer and Lament



The Bible Society invites the Church to gather online to pray and lament for our nation, as we seek God together.

This ecumenical event will be held on **Tuesday, February 9th from 10:00 – 11:30 am.**

Led by Christian leaders from multiple traditions and cultural spheres, we will spend time in lament, prayer and reflection, asking God what He is doing and how we can partner with Him in a new wave of mission across our country. Fr. Timothy Radcliffe OP will be one of the speakers. **You can [book your free place now.](#)**

GLOBAL HEALING (ENVIRONMENTAL SERIES)

A series of reflective evenings with inspiring speakers, prayer, and discussion, using the film-based resource “Global Healing”. These engaging documentaries will inform and challenge people to respond to Pope Francis’ call to Care for Our Common Home. Suitable for all who are concerned about what is happening to our world and who want to take action. **Dates:** Six Thursdays from 18th February – 25th March 2021, 7.30pm – 8.30pm. **Delivered by:** The Global Catholic Climate Movement. **Full details** on: <https://www.cbcew.org.uk/home/events/global-healing-lent-reflections/>

WALK FOR WATER: Lent starts on the 17th; Family Fast Day will be on Friday 26th, looking at the lengths some have to go to just to have water, walking for 10 hours. We are challenged to have a sponsored 5 mile walk to raise funds to change this: **Interested?** Please talk to Berenice Williams or Father, or go direct to walk.cafod.org.uk to find out more.



The Parish **BOOK CLUB** met on **Wednesday** for a good discussion of ‘The Curious Incident of the Dog in the Night’. We then decided that for next month, we will read Mary Shelley’s Frankenstein.

See also a change to hear about the Pope’s latest book ‘**Let us Dream**’: Invitation below on page 5.

The Family Life Commission would like to invite

All couples whose wedding plans have been impacted by Covid 19

to join them for a

‘Service of Unity and Commitment’

along with other couples from across the Archdiocese on Saturday February 13th

This is a special service for anyone who

- Was due to get married in 2020? 2021?
- Has had their Wedding day been postponed?
.... maybe more than once?!
- Had to change their wedding plans considerably?
- Did get married, but the wedding couldn’t be as planned?

11am Saturday,

February 13th 2021

Live streamed from

St Bridgid’s RC Church, Cardiff

<http://3churches.org/streamed-masses/>

VIRTUAL COMMUNITY:

Date	Time	Event
Sat 6 th Feb	6.30pm	Sunday Mass
Sun 7 th Feb	10.30am 11.30am	Sunday Mass 'Coffee Morning': Via Saint Helen's Facebook
Mon 8 th Feb	10.00am	Requiem for Teresa Meade
Wed 10 th Feb	5.00pm	Holy Hour before the Blessed Sacrament
Thurs 11 th Feb	7.30pm	Sharing the Sunday Scriptures
Fri 12 th Feb	3.15pm	Requiem for Anne Chamberlain
Sat 13 th Feb	6.30pm	Sunday Mass
Sun 14 th Feb	10.30am	Sunday Mass



Ask your MP to sign a parliamentary motion calling on the Government to introduce NEW GUIDANCE ON FETAL PAIN:

A new parliamentary motion (EDM 1340) is calling on the Government to introduce new guidance on fetal pain. The evidence that babies can feel pain in the womb, and during many abortions, highlights the humanity of the unborn child and provides another important reason to introduce legislation to protect the unborn child from abortion.

Right To Life UK have set up an easy-to-use tool which makes it simple to contact your MP, and ask them to sign this motion calling on the Government to introduce new guidance on fetal pain. It only takes 30 seconds using this easy-to-use tool. This tool can be accessed by visiting the link: www.righttolife.org.uk/FetalPainMotion

Please Remember to Pray Also for all going through difficult pregnancies, we pray for an overwhelming sense of hope and joy to fill their lives, and for increased support to be given by their family, friends, and local communities.

THE CATECHISM OF THE CATHOLIC FAITH

Part 1: **THE PROFESSION OF FAITH.** Section 1: 'I Believe' – 'We Believe'

Chapter 3: **Man's Response to God.** Article 1: **I Believe.**

III: The Characteristics of Faith Perseverance in Faith

(162) Faith is an entirely free gift that God makes to humanity. We can lose this priceless gift, as Saint Paul indicated to Saint Timothy: "Wage the good warfare, holding faith and a good conscience. By rejecting conscience, certain persons have made shipwreck of their faith" (1 Tim 1:18-19). To live, grow and persevere in the faith until the end we must nourish it with the word of God; we must beg the Lord to increase our faith (Cf. Mk 9:24; Lk 17:5; 22:32); it must be "working through charity," abounding in hope, and rooted in the faith of the Church (Gal 5:6; Rom 15:13; cf. Jas 2:14-26).

(Catechism of the Catholic Church 1992)

Parish Directory

Priest: Revd. John Kelly 20 883192

Safeguarding Officer: 20864112

Music: 07971848734.

Cafod: 20861930

Saint Helen's School: 20852532

Newsletter items: 20883192

caerphilly@rcadc.org

Website Additions: Website@sthelenscaerphilly.com

Chair of Parish Council:

SVP: 20883462

Hall Bookings: 20883192

Marriage Care: appointments@marriagecare.co.uk

Cardinal Newman School: 01443 494110

Calendar Additions: calendar@sthelenscaerphilly.com

www.sthelenscaerphilly.com

Bereavement support: 20863450

Piety shop: 20862998



The Path to a Better Future

UK Welcomes Refugees hosts an evening with author Austen Ivereigh and a panel of interfaith leaders reflect on what Pope Francis' new book can teach us about building a brighter future for all, especially refugees.

Panel: Sarah Teather (chair), Bishop Paul McAleenan, Rabbi Danny Rich, Dr Muhammad Abdul Bari, Jackie McLoughlin MBE, and Bekele Woyecha.



Building Community Sponsorship Together

LET US DREAM

THE PATH TO
A BETTER FUTURE

POPE FRANCIS



Join Austen Ivereigh and friends on **Monday 8th February** from 7.00pm - 8.30pm
Here is a link to register:

<https://www.eventbrite.co.uk/e/the-path-to-a-better-future-tickets-137260565045>

In "Let Us Dream: The Path to a Better Future," Pope Francis reflects on the Covid-19 pandemic, the inequalities and cruelty in our world but also proclaims the kindness and generosity across the world that is the path to a better future for all.

The evening will look at how we here in the UK are ready and willing to dream and work together for a better future for all especially the welcoming and resettlement of refugees.