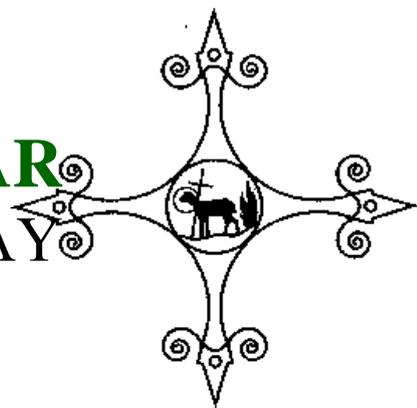


SAINT HELEN'S PARISH
17th SUNDAY of the YEAR
GRANDPARENTS' SUNDAY

25th July 2021



Pick up the Pieces, so that Nothing gets Wasted

THE WORD THIS WEEK

Elisha, 'the Man of God', shares his bread with the hungry, saying to his doubting servant: 'they will eat and have some left over'. In the same way, after blessing and breaking the small boy's five loaves and two fish, Jesus instructs his doubting disciples to share them with the great and hungry crowd. After 5,000 men have eaten to their fill, there are 12 baskets of scraps left over, gathered up 'so that nothing gets wasted.' The psalmist tells how God 'opens wide his hand, grants the desires of all who live.' Saint Paul reminds us that to 'lead a life worthy of our vocation, we must bear with one another charitably, in complete selflessness, gentleness, and patience.'

TODAY'S SCRIPTURE: (*Psalter: Week 1*)

Gathering Antiphon:

God is in his holy place,
God who unites those who dwell in his house;
he himself gives might and strength to his people.

2 Kings 4: 42 –44.

They will eat and have some left over.

Response: **Psalm 144.**

*R/. You open wide your hand, O Lord,
and grant the desires of all who live.*

Ephesians 4: 1 – 6.

One Body, one Lord, one faith, one baptism.

Acclamation for the Gospel:

Alleluia, Alleluia!

A great prophet has appeared among us.

God has visited his people.

Alleluia!

John 6: 1 – 15.

*Jesus gave out as much as was wanted
to all who were sitting ready.*

Prayer of the Faithful: R/. Lord, feed us.

Preface: of Sundays vi.

Eucharistic Prayer: iii:

Communion Antiphon:

Bless the Lord, O my soul,
and never forget all his benefits.

DATES FOR YOUR DIARY:

Fri 13th Aug: Finance Committee.

Sun 15th Aug: Penrhys Mass?

Fri 27th Aug = Mon 30th Aug:

Love-where-you-live-Lansbury.

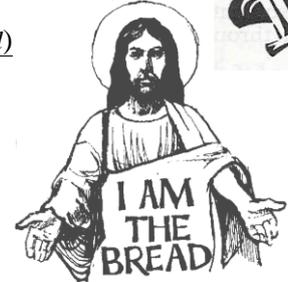
Fri 17th/Sat 18th Sept:

The Real Presence -That's us!



MASS AND SERVICES DURING THE WEEK:

| | | |
|-----------------------------|--|--|
| Sat 24 th July | 6.30pm | 17th SUNDAY of ORDINARY TIME for the People of the Parish (<i>Public Mass</i>) |
| Sun 25 th July | 10.30am 1.00pm 6.00pm | Rita Bell (CP) (<i>Public Mass</i>) Baptism of Milosz Luczka for the People of the Parish (<i>Public Mass, Bargoed</i>) |
| Mon 26 th July | 9.45am 10.00am 1.30pm | Saint Joachim and Saint Anne , Parents of the Blessed Virgin Mary Morning Prayer of the Church Private Intention (CP) Requiem for Zenon Rudnicki (<i>Saint Peter, Bargoed</i>) |
| Tues 27 th July | 10.00am | Morning Prayer of the Church with Word and Communion (<i>Public Service</i>) |
| Wed 28 th July | 2 – 4 pm | Exposition and Adoration (<i>Open for Private Prayer</i>) |
| Thurs 29 th July | | Saint Martha + Saint Mary , sisters of Lazarus |
| Fri 30 th July | 9.45am 10.00am 12.00 noon | Morning Prayer of the Church Patricia Lloyd (<i>Public Mass</i>) Funeral Service for Patricia Maureen Lloyd |
| Sat 31 st July | am 6.30pm | Saint Ignatius Loyola , Priest 18th SUNDAY of ORDINARY TIME for All who are Sick (<i>Public Mass</i>) |
| Sun 1 st Aug | 10.30am 6.00pm | for the People of the Parish (<i>Public Mass</i>) Szymczak Family Intention (<i>Public Mass, Bargoed</i>) |



THE SACRAMENT OF RECONCILIATION:

At any time by arrangement with the priest.

We hope that a monthly Reconciliation Hour will resume on the first or second Saturday of the month, 10am – 11am: Watch this space.

The PARISH PRAYER LIST:

Among all those we pray for in this time, please remember the sick, and all suffering in the pandemic and the lockdown, especially:

| | | | | |
|----------------|-----------------|---------------------|-------------------|------------------|
| Eileen Morris | John Maguire | Graham Jenkins | Sandra Bray | Lloyd Jones |
| Mary Gordine | Isobel Cummins | Pauline Richards | Margaret Jones | Carol Morrissey |
| Claris Howell | Frank Price | Anne Morgan | Pat Starynski | Yvonne Grandon |
| Martyn Western | Marjorie Gurney | Carmen Agius | Lowela Teves | Keith Griffiths |
| Pino Emanuelli | Katrin Merry | Sian Thomas | Vinifred Benedict | Albert Carley |
| Mary Everson | Maura Coll | Gwyn Bishop | Christine Roberts | Christopher Bray |
| Lorraine Nolan | Margaret Pope | Mary & Wilson Brown | | |

PRAYER CYCLE FOR OUR DIOCESE: Please pray for the People and Parish of Our Lady Star of the Sea, Porthcawl, with their Priest, Revd. Timothy McGrath.

THE GOD WHO SPEAKS

“I would like so much for all Christians to be able to comprehend ‘the surpassing worth of knowing Jesus Christ through the diligent reading of the Word of God, for the sacred text is the nourishment of the soul and the pure and perennial source of the spiritual life of all of us.’”
(Pope Francis)

(Please note: Just ‘The God who Speaks’, no longer ‘The Year of the Word’: that was extended because of Covid, but is now officially over.)

My brothers and sisters, I implore you by God’s mercy to offer your very selves to him: a living sacrifice, dedicated and fit for his acceptance, the worship offered by mind and heart. Adapt yourselves no longer to the pattern of this present world, but let your minds be remade, and your whole nature thus transformed. The you will be able to discern the will of God, and know what is good, acceptable, and perfect.

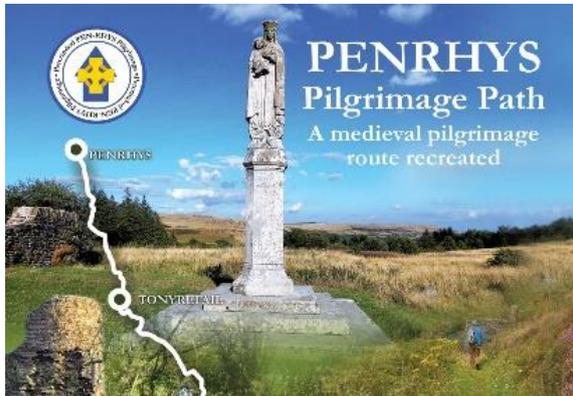
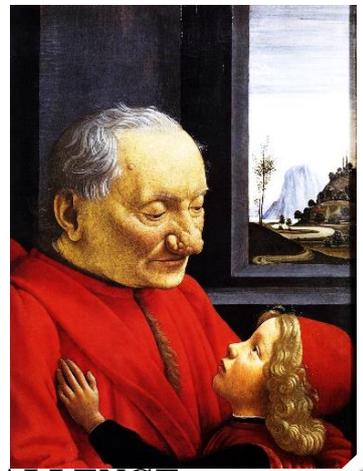
Romans 12: 1 – 2.

THE
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WORLD DAY FOR GRANDPARENTS AND THE ELDERLY:

Pope Francis has called for a 'World Day for Grandparents and the Elderly' on this Sunday, July 25th. Identifying with the more senior members of our society, he says "The whole Church is close to you – to us – and cares about you, loves you and does not want to leave you alone!" As the Pope says, we should cherish the elderly and recognise that there is no retirement age from the work of proclaiming the Gospel and handing down traditions to grandchildren. As well as remembering and praying together at Mass, let us all remember to make some gesture, gift, or kindness to celebrate grandparents and the elderly today.



PENRHYS PILGRIMAGE – A CHALLENGE:

Almost there! Last Saturday, 17th July, we completed stage 3 and made headway into stage 4. This weekend we hope to do the same, and to get well into stage 5, so as to have only a short remainder of stage 5 left to combine with the last and most important walk up the steep gradient to Penrhys itself. Even if you haven't managed any, or just one or two of the earlier stages, this last one is a must: To be sure to know when and where to join, please contact Father via the Parish email or phone.



OUTDOOR MASS: This 'grandparents Sunday' seemed the wrong weekend to suggest and plan to celebrate Mass outside and follow it with a picnic – and the change in the weather confirms the decision. But next weekend Depending on good weather, let's plan to have Mass on the lawn, and maybe stay for a (bring-your-own) picnic. If it does look good, please bring your own chairs or rug, for both Mass and the picnic.

'LOVE-WHERE-YOU-LIVE LANSBURY PARK', 27th to the 30th August –

The local Churches (that includes us!) will spend 4 intense days working with residents to bring out the best, clean and tidy, rub up and renovate, and enjoy and celebrate the environment together, and maybe have the opportunity to share the joy, hope, and love of the Gospel. This is an initiative we can't miss out on, and an invitation we can not refuse.

To find out more, and get involved, whether you live in Lansbury, or neighbouring Mornington Meadows, or not, please go to <https://www.message.org.uk/love-where-u-live-lansbury-park/>



THE REAL PRESENCE – THAT'S US! Jesus sends us out. Francis reminds us we are 'Missionary Disciples'. And we will recognise and celebrate how we are living it here in our Parish and town: on the weekend of the 17th 18th and 19th September we are all invited to join in a 'home-made'/'D.I.Y.' mission celebration for ourselves, and our families, friends, and neighbours. Using as our link and theme-tune Saint Teresa of Avila's prayer 'God has no hands but yours' different members will share where they find they fit in the Body of Christ, and we can all think again about again which member we are. Book the date!

WHEN THINGS START AGAIN (however and when ever that will be) we will need to start rebuilding, or maybe re-inventing, how we work together as a community and family.

The 100 year old Jesuit scholar and writer, speaking about Religious Orders has insights which have relevance to all Christian communities, including Parishes, such as ours.

He suggests each community exists to serve its mission: its leaders' authority derives from the community's understanding of what it is called to do. So the structure and work could hardly be in the hands of one person only: He wrote "To enlist the wisdom of its members may require skill, but it is essential for good governance". This insight that the community rather than the individual is the place where the will of God can be discerned was a revelation to many priests and religious: Is it to us; can we learn from it as we start to organise again?



SAINT HELEN'S COMMUNITY CENTRE

| Date | Time | Event |
|---------------------------|------------------|-------|
| Sat 24 th July | 9.30am – 12.00pm | Dance |

SAINT HELEN'S VIRTUAL COMMUNITY:

| Date | Time | Event |
|---------------------------|-------------------|--|
| Sat 24 th July | 6.30pm | SUNDAY MASS |
| Sun 25 th July | 10.30am | SUNDAY MASS |
| Sat 31 st July | 6.30pm | SUNDAY MASS |
| Sun 1 st Aug | 10.30am 7.30pm | SUNDAY MASS Parish Discernment Group |



| OFFERTORY COLLECTION | 11 th and 18 th July 2021 | |
|------------------------|---|--------------------|
| Gift Aid envelopes | £ | 40.00 |
| Non Gift Aid envelopes | £ | 129.00 |
| Loose | £ | 298.00 |
| TOTAL | £ | 467.00 |
| Apostleship of the Sea | | <i>Many thanks</i> |

THE CATECHISM OF THE CATHOLIC FAITH Part 1: **THE PROFESSION OF FAITH.** Section 2: **The Creeds**

Chapter One: **I Believe in God The Father**

Article 1 "**I believe in God the Father Almighty, creator of heaven and earth**"

Paragraph 1. **I believe in God.** i: "I Believe in One God."

(200) These are the words with which the Niceno-Constantinopolitan Creed begins. the confession of God's oneness, which has its roots in the divine revelation of the Old Covenant, is inseparable from the profession of God's existence and is equally fundamental. God is unique; there is only one God: "The Christian faith confesses that God is one in nature, substance and essence." (*Roman Catechism I, 2, 2.*)

(201) To Israel, his chosen, God revealed himself as the only One: "Hear, O Israel: the LORD our God is one LORD; and you shall love the LORD your God with all your heart, and with all your soul, and with all your might." (*Deuteronomy 6:45*) Through the prophets, God calls Israel and all nations to turn to him, the one and only God: "Turn to me and be saved, all the ends of the earth! For I am God, and there is no other.. . To me every knee shall bow, every tongue shall swear. 'Only in the LORD, it shall be said of me, are righteousness and strength.'" (*Isaiah 45:22-24; cf. Philippians 2:10-11.*)

(*Catechism of the Catholic Church 1992*)

Parish Directory

Safeguarding Officer: cmben@hotmail.com

Music: 07971848734.

Cafod: 20861930

Saint Helen's School: 20852532

Newsletter items: 20883192

caerphilly@rcadc.org

Website Additions: Website@sthelenscaerphilly.com

SVP: 20883462

Hall Bookings: 20883192

Marriage Care: appointments@marriagecare.co.uk

Cardinal Newman School: 01443 494110

Calendar Additions: calendar@sthelenscaerphilly.com

www.sthelenscaerphilly.com

Priest: Revd. John Kelly 20 883192

Bereavement support: 20863450

Piety shop: 20862998



Here are a few examples of [communities transformed by water](#), including a nice video of [Binga from Zimbabwe](#) delighted at a new water source – ‘I even whooped for joy.’ Thank you for your part in this work.

I wanted to remind you of the support and resources from CAFOD that are available to the whole Catholic community. You may already be using these resources, but I thought it might be helpful to flag them with you in case they’re of interest. Do feel free to pass them on to those who may be interested.

Family Prayer Resources for Summer

We will be offering a prayer focus for each week of the summer holidays with some simple ideas, designed to help parents explore faith with their children, in solidarity with our global family. This will be available from mid-July at <https://cafod.org.uk/Pray/Prayer-resources>

Laudato Si’ resources

With a range of resources around Laudato Si’, to study, reflect, pray and take action, this can be used at any time. This link will take you to the page on our website : [Laudato Si' encyclical resources | CAFOD](#)

The Live Simply Award

This is one of our most popular community activities. This award is given to parishes and communities that have taken significant steps to respond to the Church’s call to live simply. See this link for the information : [Livesimply award | CAFOD](#)

Synodal process

We are very aware of the preparations as part of the synodal process over the second half of 2021. We will be holding online sessions, open to all with experts sharing what is synod, why it is important and how parish communities are participating. You are welcome to join these sessions. Our first session on Tuesday 27 July at 7pm will feature a conversation with Christopher Lamb, Rome correspondent for *The Tablet*, about why Pope Francis is inviting us all to participate in the synod. [Click here to book onto the session.](#)

Many Catholic parishioners have been responding to Pope Francis’ call for a better kind of politics and meeting their MPs this summer. If you supported one of these CAFOD meetings, calling for more action to tackle the climate crisis and to help the poorest countries cope with the pandemic, thank you. Thank you also if you are supporting our [petition to the Prime Minister](#).



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