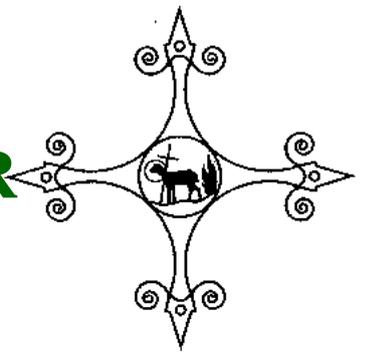


SAINT HELEN'S PARISH
28th SUNDAY of the YEAR
PRISONERS' SUNDAY

10th October 2021



'Everything is Possible for God'

THE WORD THIS WEEK

How do we decide the value of things? What do we prioritise in our life? What would we hold on to if we had to choose only one thing? Right choice demands wisdom, that gift of the Spirit, and the understanding that goes with it, gifts richer than anything we can win, or earn, or make. The rich man's "face fell at these words", but the psalm-singer who prayed for it found joy.

TODAY'S SCRIPTURE: (Psalter: Week 4)

Gathering Antiphon:

If you, O Lord, should mark our iniquities, Lord, who could stand?
But with you is found forgiveness, O God of Israel.

Wisdom 7: 7 – 11.

Compared with wisdom, I held riches as nothing.

Response: Psalm 89.

R/. Fill us with your love, that we may rejoice.

Make us know the shortness of our life
that we may gain wisdom of heart.

Lord, relent! Is your anger for ever?
Show pity to your servant.

In the morning, fill us with your love;
we shall exult and rejoice all our days.
Give us joy to balance our affliction
for the years when we knew misfortune.

Show forth your work to your servants;
let your glory shine on their children.
Let the favour of the Lord be upon us;
give success to the work of our hands.

Hebrews 4: 12 – 13.

The word of God can judge secret emotions and thoughts.

Acclamation for the Gospel:

Alleluia, Alleluia. Alleluia!

How happy are the poor in spirit,
theirs is the kingdom of heaven.

Alleluia, Alleluia. Alleluia!

Mark 10: 17 – 30.

Go and sell everything you own and follow me..

Prayer of the Faithful: R/. Lord, show pity to your servants.

Communion Antiphon:

When the Lord appears, we shall be like him,
for we shall see him as he is.



MASS AND SERVICES DURING THE WEEK:



Sat 9 th October	6.30pm	28th SUNDAY of ORDINARY TIME for the People of the Parish (<i>Public Mass</i>)
Sun 10 th October	10.30am 6.00pm	Francis + Lazer (TT) (<i>Public Mass</i>) for the People of the Parish (<i>Public Mass, Bargoed</i>)
Mon 11 th October		Family Rosary
Tues 12 th October	9.40am 10.00am	October Rosary Service of the Word with Communion (<i>Public Service</i>)
Wed 13 th October	9.40am 10.00am 2 – 4 pm	October Rosary Carlo Aguties (TT) Exposition and Adoration
Thurs 14 th October	9.40am 10.00am	Rosary For Prisoners + their Families
Fri 15 th October	9.40am 10.00am	Saint Teresa of Jesus, Religious and Doctor of the Church Rosary TD-K intention (<i>Public Mass</i>)
Sat 16 th October	am 6.30pm	Saint Richard Gwyn, Schoolmaster and Martyr 29th SUNDAY of ORDINARY TIME for our Children (<i>Public Mass</i>)
Sun 17 th October	10.30am 6.00pm	for the People of the Parish (TT) (<i>Public Mass</i>) for the People of the Parish (<i>Public Mass, Bargoed</i>)



THE SACRAMENT OF RECONCILIATION:

At any time by arrangement with the priest.

The PARISH PRAYER LIST: Among all those we pray for in this time, please remember the sick, and all suffering from the pandemic and its effects, especially:

Eileen Morris	John Maguire	Graham Jenkins	Sandra Bray	Lloyd Jones
Mary Gordine	Isobel Cummins	Pauline Richards	Margaret Jones	Carol Morrissey
Claris Howell	Frank Price	Anne Morgan	Pat Starynski	Yvonne Grandon
Martyn Western	Marjorie Gurney	Carmen Agius	Lowela Teves	Keith Griffiths
Pino Emanuelli	Katrin Merry	Sian Thomas	Vinifred Benedict	Albert Carley
Mary Everson	Maura Coll	Gwyn Bishop	Christine Roberts	Christopher Bray
Lorraine Nolan	Margaret Morgan	Louisa Antoniazzi	Mary & Wilson Brown	Mark Emery

PRAYER CYCLE FOR OUR DIOCESE: Please pray for the People of the Parish of Saint Philip Evans, Lanedeyrn, with their Priest Revd. John Boye of the Archdiocese of Accra, and their care for Saint Philip Evans Primary School, Saint Bernadette's Primary School, and the Spire Hospital.

THE GOD WHO SPEAKS

“Scripture tells us that everything that exists does not exist by chance but is willed by God and part of his plan, at whose centre is the invitation to partake, in Christ, in the divine life. Creation is born of the *Logos* and indelibly bears the mark of the *creative Reason which orders and directs it*; with joy-filled certainty the psalms sing: ‘By the word of the Lord the heavens were made, and all their host by the breath of his mouth’ (*Psalms 33:6*)”

(*Verbum Domini* #8)

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PASTORAL LETTER: to read the Pastoral Letter from Archbishop Stack, Archbishop of Cardiff, in preparation for the COP26 Conference in November, please go to page 5 of this newsletter (available on the Parish website only)

WELCOME TO DOM JOSEPH PARKINSON, a Monk of Belmont Abbey, who will celebrate Mass with us in Saint Helen, and Father John Phillips, Parish Priest of Abercynon, who will celebrate Mass in Bargoed; Please make them most welcome, and enjoy the change

Today is PRISONERS' SUNDAY – a national Day of Prayer and Action for prisoners and their families within the Catholic Church, an opportunity to direct our thoughts and prayers to all those affected by imprisonment, and consider how we might support them. Prisoners' families, prisoners and people with previous convictions often find themselves on the margins of society due to the social stigma associated with imprisonment. They are often forgotten or come lower down on the list of causes to 'hold a hand out to'. But the gospel of Matthew 25: 36 reminds us of our duties towards them: I was naked and you clothed me, sick and you visited me, in prison and you came to see me. Pact's work embodies the Christian value of mercy and belief in the innate dignity of every human being. Through this campaign we ask you to engage with a core element of Catholic social teaching and put our faith into action. For more information, please go to www.prisonadvice.org.uk.



THE SINGING GROUP will meet again on Monday 11th at 7pm for its fortnightly practice. All are warmly welcome to attend.

On Tuesday **THE CHILDREN** asking for **THE SACRAMENT OF RECONCILIATION** meet with their Catechists for the first time, in the Church. They will review the work they have done with their parents on chapter one of their new books – 'God gives us life'.



'THE WAY, THE TRUTH AND THE LIFE' continues for all who are seeking a deeper relationship with Jesus and who want to learn more about the Catholic faith. Come and see what the Catholic community believes, how the community lives, prays, and follows Jesus. This Thursday, but this week at 6.00pm. in the Hall.

The families asking for **THE SACRAMENT OF RECONCILIATION** will enroll for the Parish Preparation at Mass this weekend: 'Let the little children come to me!'

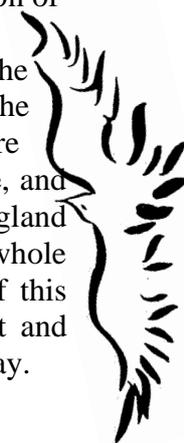
The CHILDREN'S LITURGY OF THE WORD (CLoW) at Sunday Mass – Time to start again! We have one Team (3 adults) ready, so we will begin with a monthly CLoW. To run regularly, we need more volunteers: Not sure if you could do it? – practice telling Bible stories to your own child. Not sure what to do? – help and even training always available!



'SYNOD' - comes from a Greek word meaning 'journeying together' – 'syn', together, 'hodos' road or path. The practice of Synods as a way of working out our understanding and discerning our ways of following the Gospel of Jesus Christ dates back to the earliest days of the church. It was revived last century in the reforms of the 2nd Vatican Council. Pope Francis sees it as the way we can grow together and all participate and be integrated more truly in the life and mission of the Church universal and local.

To promote this way of working and growing together, he invites us all on to the path and process of the next synod, starting with the local Church (that is the Diocese: i.e. parishes, People, and Clergy gathered around the Bishop). We are invited to gather, walk, and talk together to share our experience of faith in our time and place, and discern the calls and needs of our mission here. This should then be passed on to the national (England and Wales!) gathering, and from there to the European, before being passed to the Synod of the whole Church in Rome in 2023.

We hope to set up the first, local stage of this synodal way in the next few weeks. Meanwhile, let us all re-double our prayer for the gift and outpouring of the Holy Spirit, to lead us, guide us, and encourage us as we start out along this way.



SAINT HELEN'S COMMUNITY

Date	Time	Event
Sun 10 th October	11.30am	Coffee Morning
Mon 11 th October	7.00pm	The Singing Group (<i>in church</i>)
Tues 12 th October	9.30 – 12.30 1.00 – 3.00pm 6.30pm	Music Appreciation History of Art Children prepare for Reconciliation (<i>in church</i>)
Wed 13 th	9.00am	Schools Cluster
Thurs 14 th October	9.00am 6.00pm	Schools Cluster The Journey of Faith (RCIA)
Fri 15 th October	1.15 – 3.15pm	History
Sat 16 th October	9.30 – 11.30am	Dance

The HARVEST FAST DAY Collection raised £551.00 for environmental causes. Many thanks!

PASTORAL LETTER: for the Pastoral Letter from Archbishop Stack in preparation for the COP26 Conference, please go to page 5 of this newsletter (available on the Parish website only)

THE THREAT OF ASSISTED SUICIDE: A Second Reading of the ‘Assisted Dying Bill 2021’ is expected in the House of Lords this month: How can we make our voice and fears heard? For more on this, please see the October edition of ‘The Catholic People’, available online at: <https://rcadc.org/wp-content/uploads/2018/10/Cardiff-Catholic-People-October-2021.pdf>.

THE CATECHISM OF THE CATHOLIC FAITH
Part 1: **THE PROFESSION OF FAITH.** Section 2: **The Creeds**
Chapter One: **I Believe in God The Father**

Article 1 "**I believe in God the Father Almighty, creator of heaven and earth**"
Paragraph 1. **I believe in God**

“A God merciful and gracious”

(210) After Israel's sin, when the people had turned away from God to worship the golden calf, God hears Moses' prayer of intercession and agrees to walk in the midst of an unfaithful people, thus demonstrating his love (*Cf. Exodus 32; 33: 12-17*). When Moses asks to see his glory, God responds “I will make all my goodness pass before you, and will proclaim before you my name "the LORD" [YHWH]” (*Exodus 33:18-19*). Then the LORD passes before Moses and proclaims, “YHWH, YHWH, a God merciful and gracious, slow to anger, and abounding in steadfast love and faithfulness”; Moses then confesses that the LORD is a forgiving God (*Exodus 34:5-6; cf. 34:9*).

(Catechism of the Catholic Church 1992)

Parish Directory

Safeguarding Officer: cmben@hotmail.com **SVP:** 20883462 **Bereavement support:** 20863450

Music: 07971848734.

Hall Bookings: 07533 082601

Piety shop: 20862998

Cafod: 20861930

Marriage Care: appointments@marriagecare.co.uk

Saint Helen's School: 20852532

Cardinal Newman School: 01443 494110

Newsletter items: 20883192

Calendar Additions: calendar@sthelenscaerphilly.com

caerphilly@rcadc.org

www.sthelenscaerphilly.com

Website Additions: Website@sthelenscaerphilly.com



Dear Brothers and Sisters in Christ,

Pastoral Letter for 9th-10th October 2021 in advance of COP26 ©

The forthcoming meeting of world leaders in Glasgow from 31st October-12th November COP26 will have unprecedented urgency and importance. Knowledge about environmental issues has increased greatly in recent years, and our experience of natural catastrophes confirm the damage being inflicted on our global home, not least by the lifestyles with which we have become accustomed. “Care for Creation” has been a constant theme in the teaching of Pope Francis, contained not least in his publication of “Laudato Si”. The stewardship of creation, so beautifully expressed in the Book of Genesis, becomes more urgent day by day.

Care for creation, for our environment, and for the dignity of every human person, is deeply rooted in the Christian Faith. Perhaps the finite resources of our planet have been taken for granted or even ignored, particularly since the age of industrialisation in the 19th century. Pope Paul VI once wrote that “Not every development is progress”. There is a price to be paid for everything – and that price is not just money. The unthinking exploitation of resources, natural habitats and the animal world continues to do damage unless there is a profound change in attitude and behaviour personally, nationally and internationally.

“Live simply so that others may simply live” is a very profound saying. In the face of such enormous issues, it is easy for the individual to feel overwhelmed and helpless. Pope John Paul II wrote movingly of the importance of “Human Ecology”. Each one of us can contribute to the healing of creation by changing our attitudes, customs, practices and lifestyle. Travel, electricity, water, food consumption, re-cycling and waste are the most immediate and tangible things which can be addressed. Much is already being done on an individual level and by communities committed to raising awareness of the issues which confront us.

Needless to say, real change must come at an international level with agreements being made by the most powerful countries in the world. Pope Francis insists that we must think and act globally. If, as it is hoped, the Holy Father attends the COP26 Conference, he will surely re-iterate this message. At the very least, governments must surely seek to make achievable and realistic policies to ensure that further global warming is limited so that sustainable living conditions may be available for all.

May I ask that we make Sunday 31 October (the Feast of All Saints) a Day of prayer for the success of the meeting in Glasgow. There will be a variety of resources for prayer or other events available nearer the time. CAFOD is involved in the distribution of materials and offers this prayer which may be used daily in preparation for the success of COP26.

Loving God,

We praise your name with all you have created.

You are present in the whole universe,
and in the smallest of creatures.

We acknowledge the responsibilities you have placed upon us
As stewards of your creation.

May the Holy Spirit inspire all political leaders at COP26 as they
Seek to embrace the changes needed to foster a more sustainable society.

Instil in them the courage and gentleness to implement fairer solutions
for the poorest and most vulnerable,

and commit their nations to the care of Our Common Home.

We ask this through Our Lord Jesus Christ your Son.

Amen

With every blessing.
+George Stack
Archbishop of Cardiff

Catholic Medical Association (UK)



The CMA is an association of Catholics working in the health sector and membership is open to those studying, practicing or retired from all health care professions.

A CMA branch is being established in Cardiff.

Members and all those interested are warmly invited to attend a special Mass on the Feast of St Luke which will be followed by an introductory meeting/refreshments.

Mass on the Feast of St Luke

7pm on 18th October

St Joseph's Church

New Zealand Road

Cardiff CF14 3BR

(Celebrant Fr Justus Okibo and St Joseph's will be the host church for future services/meetings)

For further information please contact:

Dr Michal Pruski: michal.pruski@wales.nhs.uk

Fr Peter Davies: peter.davies@rcadc.org