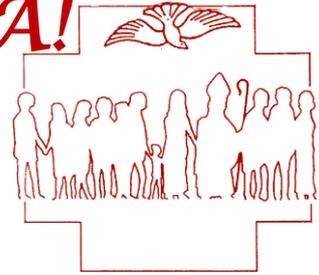


# SAINT HELEN'S PARISH

## 5<sup>th</sup> EASTER, ALLELUIA!

### SEASON of LENT & EASTER

15<sup>th</sup> May 2022



Alleluia Alleluia Alleluia

## Here God Lives among Men and Women

### THE WORD THIS WEEK

“Love one another”. With his so simple/so difficult, new/old commandment Jesus is forming a new family so as to ‘make the whole of creation new’. This is the heavenly city coming down on earth. This is renewed humanity as lived out in the daily struggles and joys of the first Churches that Paul and Barnabas assemble. This is the possibility still offered to us as we walk and talk and work together in a ‘synodal’ way, in a world still needing Christ’s renewal, re-creation, and love.

### TODAY’S SCRIPTURE: (Psalter: Week 1)

#### *Gathering Antiphon:*

O sing a new song to the Lord, for he has worked wonders;  
in the sight of the nations he has shown his deliverance, Alleluia.

#### **Acts of the Apostles 14: 21 – 27.**

*They gave an account to the church of all that God had done with them.*

*Response:* **Psalm 144.**

The Lord is kind and full of compassion,  
slow to anger, abounding in Love.  
How good is the Lord to all,  
compassionate to all his creatures.

All your creatures shall thank you, O Lord,  
and your friends shall repeat their blessing.  
They shall speak the glory of your reign  
and declare your might, O God.

To make known to men your mighty deeds  
and the glorious splendour of your reign.  
Yours is an everlasting kingdom;  
your rule lasts from age to age.

#### **Revelation 21: 1 – 5.**

*God will wipe away all tears from their eyes.*

*Acclamation for the Gospel:*

Alleluia, Alleluia, Alleluia!

Jesus said: ‘I give you a new commandment:  
love one another, just as I have loved you.’

Alleluia, Alleluia, Alleluia!

#### **John 13: 31 – 35.**

*I give you a new commandment: love one another.*

**Prayer of the Faithful:** R/. Lord, be with us.

**Preface:** of Easter ii. **Eucharistic Prayer:** iii.

**Communion Antiphon:** I am the true vine, and you are the branches, says the Lord.  
Whoever remains in me, and I in him, bears fruit in plenty, Alleluia.

Alleluia  
Alleluia  
Alleluia



Alleluia Alleluia



## **MASS AND SERVICES DURING THE WEEK:**

Sat 14 <sup>th</sup> May	<b>6.30pm</b>	<b>5<sup>th</sup> EASTER</b> for the People of the Parish
Sun 15 <sup>th</sup> May	<b>10.30am</b> <b>2.00pm</b> <b>6.00pm</b>	Paula Roider (ML) Baptism of Amelia Fisher for the People of the Parish ( <i>Bargoed</i> )
Mon 16 <sup>th</sup> May	9.40am 10.00am	Rosary Luigi Antoniazzi (LA)
Tues 17 <sup>th</sup> May	9.40am 10.00am 7.30pm	Rosary Victims and Survivors of Sexual Abuse Sacrament of Reconciliation
Wed 18 <sup>th</sup> May	10.00am 2.00 – 4.00pm 6.40pm 7.00pm	Requiem for Anita Howell ( <i>Bargoed</i> ) Adoration Rosary Lucie and Ted Intention (IV)
Thurs 19 <sup>th</sup> May	9.40am 10.00am	Rosary Varghese Neyyan (TT)
Fri 20 <sup>th</sup> May	9.40am 10.00am	Rosary David Mayby (JM)
Sat 21 <sup>st</sup> May	am <b>6.30pm</b>	<b>6<sup>th</sup> EASTER</b> for the Communion Children and Families
Sun 22 <sup>nd</sup> May	<b>10.30am</b> <b>6.00pm</b>	For the People of the Parish Williams Family (MW) ( <i>Bargoed</i> )



## **THE SACRAMENT OF RECONCILIATION:**

**Tuesday 7.30 – 8.30pm**, or at any time by arrangement with the priest.

**The PARISH PRAYER LIST:** Please remember at this time all who are ill, short term with Covid or with winter bugs, and those suffering long-term or chronic sickness.

We pray also for all suffering in Ukraine, citizens, soldiers on both sides, and the refugees:

Eileen Morris	John Maguire	Graham Jenkins	Sandra Bray	Lloyd Jones
Mary Gordine	Isobel Cummins	Pauline Richards	Margaret Jones	Carol Morrissey
Claris Howell	Frank Price	Anne Morgan	Pat Starynski	Yvonne Grandon
Martyn Western	Marjorie Gurney	Carmen Agius	Lowela Teves	Keith Griffiths
Pino Emanuelli	Katrin Merry	Vinifred Benedict	Albert Carley	Mary Everson
Maura Coll	Gwyn Bishop	Christine Roberts	Christopher Bray	Loraine Nolan
Ann Head	Jim McGowan	Wilson Brown	Sharon Jones	

“Preparation for Communion begins long before a child starts formal religious instruction. It begins at home, in the family – the ‘Domestic Church’.

At Baptism parents are blessed and commissioned to be the first teachers of the faith for their children. Preparation begins here, at the beginning of a child’s life in Christ, in simple steps, and continues in the family even as they attend formal preparation. It is not complicated. Parents are preparing their children for Communion when they show them what it means to love as Christ loves, to pray, to make little sacrifices for each other, to go to Mass, to ask forgiveness, to live in relationship within the family, with others, and with Christ.”

*We Share in the Eucharist*

**Alleluia Alleluia Alleluia**

Love towards God cannot be taught. For neither have we learned from another to rejoice in the light and to cling to life, nor did anyone else teach us to love our parents or those that brought us up.

In the same way, or much more so, the learning of the divine love does not come from outside, but when man was created a certain Word was disseminated among us, having within itself the tendency towards Love.

The pupils in the school of God’s commandments, having received this Word, are by God’s grace enabled to exercise it with care, to nourish it with knowledge, and to bring it to perfection.

*Saint Basil the Great*

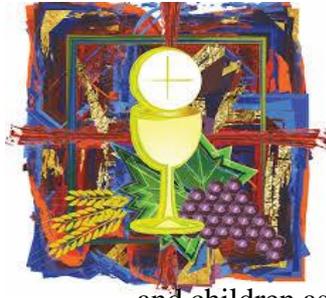


**SENDING FORTH to COMMUNION:** This weekend the 19 children whose families are bringing to share sacramental Communion will be sent forth with prayers from their regular Eucharistic communities to a last week of preparation. Please keep them and their families in your prayers, and come back to share in Communion with them next weekend.

**CHRISTIAN AID WEEK** begins this Sunday, with the annual **CHRISTIAN AID SERVICE** at 6.00pm in Saint Andrew's Church. Because Covid restrictions prevented us having the **WEEK OF PRAYER FOR CHRISTIAN UNITY** in January as usual, we have transferred it this year to this time of Preparation for Pentecost, so the Service will also include elements of the **CHRISTIAN UNITY SERVICE**, and the renewal of Commitment by the **Street Pastors and Prayer Pastors**.



**The SYNOD TEAM + PARISH DISCERNMENT GROUP** meet via zoom on Sunday evening, 7.30pm, to continue work on 'embedding' a synodal way of working in the Parish as we reform and rebuild after the pandemic. Have you claimed your place in the Parish picture?



**FINAL PREPARATIONS!**

**THE FAMILIES PREPARING TO SHARE IN COMMUNION** meet in Church on Tuesday at 6.30pm, to review their work on chapter 6 "We share the Bread of Life", remember about how we receive Christ reverently, practice for next weekend, and look forward to Sharing the Bread of Life then, "food for the journey".

**THE SACRAMENT OF RECONCILIATION** will be available for parents and children as this meeting ends, and for anyone else wishing to be ready for Sunday's Communion.

**THE YOUNG PEOPLE ASKING TO BE CONFIRMED IN FAITH,**

will meet again at 7.00pm on Thursday in, to look at Sacraments generally, and the Sacrament of Confirmation for which they are asking. Please keep them, and all the younger members of our families in your prayers, that they may grow and be confirmed in Faith in Christ Jesus.



**JUBILEE:** next Saturday Archbishop Stack will celebrate his 50th Anniversary of Ordination to the priesthood. We keep him in our prayers as he prepares for his retirement. We Pray also for Bishop Mark O'Toole as he prepares to be installed as Archbishop of Cardiff on Monday 20<sup>th</sup> June.



**COMMUNION CELEBRATIONS, ALLELUIA!** Next Saturday evening 6 of our children will join us in Sacramental Communion for a first time, and on Sunday morning another 13: We rejoice with them and their families – please make every effort to be there with them to celebrate with them and encourage them and pray for them and their families: This is a 'whole Parish event'!

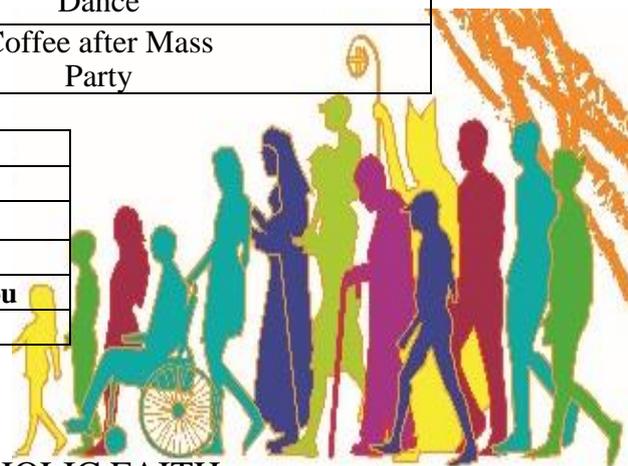
**50 DAYS FOR OUR DELIGHT: FOR CHRIST IS RISEN AS ALL THINGS TELL. GOOD CHRISTIAN, SEE YE RISE AS WELL.** 

"When the priest elevates the consecrated bread and wine, we are looking upon the Body and Blood of Christ. When we approach the minister of Communion and gaze upon the host before receiving it, we are gazing upon our Lord and God. When we receive the Body and Blood of Christ in Communion, we receive Christ into our very being. But the reality is much more than that: **Upon receiving the Eucharist, we become part of the Body of Christ.**"  
*Jim McManus :: 'Going to Mass'*

## SAINT HELEN'S COMMUNITY

Date	Time	Event
Sun 15 <sup>th</sup> May	11.30am 7.30pm	Coffee, tea, and biscuits after Mass Synod/Discernment Group Zoom
Tues 17 <sup>th</sup> May	10.30 – 12.30 6.30pm	Music Appreciation Communion Families Prepare
Wed 18 <sup>th</sup> May	9.30 – 11.30 am	Parents and Toddlers
Thurs 19 <sup>th</sup> May	2 – 4pm 6.00pm 7.00 – 8.00pm	Sunshine (Senior Citizens) Club RCIA Mystagogia Confirmation Candidates (in church)
Fri 20 <sup>th</sup> May	1.15 – 3.15pm	History Group
Sat 21 <sup>st</sup> May	9.30 – 11.30am	Dance
Sun 22 <sup>nd</sup> May	11.30am 1.00 – 4.00pm	Coffee after Mass Party

OFFERTORY COLLECTION	8 <sup>th</sup> May	
Gift Aid	£	85.00
Other Envelopes	£	25.00
Loose	£	193.60
<b>Total</b>	<b>£</b>	<b>303.60</b> <b>Thank you</b>
<u>Priests Training Fund</u>	<b>£</b>	<b>145.61</b>



### THE CATECHISM OF THE CATHOLIC FAITH

#### Part 1: **THE PROFESSION OF FAITH.** Section 2: **The Creeds**

##### Chapter One: **I Believe in God the Father**

##### Article 1 "**I believe in God the Father Almighty, creator of heaven and earth**"

##### Paragraph ii. **The Father.**      **ii. the Revelation of God as Trinity**

##### **The Formation of the Trinitarian Dogma**

(252) The Church uses (I) the term "substance" (rendered also at times by "essence" or "nature") to designate the divine being in its unity, (II) the term "person" or "hypostasis" to designate the Father, Son and Holy Spirit in the real distinction among them, and (III) the term "relation" to designate the fact that their distinction lies in the relationship of each to the others.

##### **The dogma of the Holy Trinity**

(253) The Trinity is One. We do not confess three Gods, but one God in three persons, the "consubstantial Trinity" (*Council of Constantinople II (553): DS 421.*) The divine persons do not share the one divinity among themselves but each of them is God whole and entire: "The Father is that which the Son is, the Son that which the Father is, the Father and the Son that which the Holy Spirit is, i.e. by nature one God." (*Council of Toledo XI (675): DS 530:26.*) In the words of the Fourth Lateran Council (1215), "Each of the persons is that supreme reality, viz., the divine substance, essence or nature." (*Lateran Council IV (1215): DS 804.*)      (*Catechism of the Catholic Church 1992*)

#### **Parish Directory**

**Safeguarding Officer:** [cmben@hotmail.com](mailto:cmben@hotmail.com)      **SVP:** 20883462      **Bereavement support:** 20863450

**Music:** 07971848734.

**Hall Bookings:** 07533 082601

**Piety shop:** 20862998

**CAFOD:** 07791318809/07726968374

**Marriage Care:** [appointments@marriagecare.co.uk](mailto:appointments@marriagecare.co.uk)

**Saint Helen's School:** 20852532

**Cardinal Newman School:** 01443 494110

**Newsletter items:** 20883192

**Calendar Additions:** [calendar@sthelenscaerphilly.com](mailto:calendar@sthelenscaerphilly.com)



**caerphilly@rcadc.org**

**www.sthelenscaerphilly.com**

**Website Additions:** [Website@sthelenscaerphilly.com](mailto:Website@sthelenscaerphilly.com)



*Saint Helen is a Parish of the Archdiocese of Cardiff, a Registered Charity, No. 1177272*

## **THE PARADOX OF ABUNDANCE:**

Over 800 million people go hungry each day. Yet the world produces over 4 billion tonnes of food and we only need 3.7 billion tonnes to feed everyone. From all this food produced, a third is wasted. Saint John Paul II called this ‘the paradox of abundance.’

Clearly the currently global food system is not working. But as Pope Francis said, "Each of us has a role to play in transforming food systems for the benefit of people and the planet." Let’s respond to his call! CAFOD’s new campaign is called Fix the Food System.

See [www.cafod.org.uk/food](http://www.cafod.org.uk/food) for more information, including an invitation for parish groups to learn about the impact of our food with our *Fix the Food System: a 7-station journey* resource.

Or you can contact CAFOD Wales: [southwales@cafod.org.uk](mailto:southwales@cafod.org.uk)



## **‘FIGHT THE ANTI-REFUGEE LAWS’**

Hundreds of organisations, including many Catholic Churches and Groups, have come together to make a stand through the ‘Fight the #AntiRefugeeLaws’. Why?

In April 2022 the Nationality and Borders Bill passed in Parliament, turning the anti-refugee bill into the anti-refugee laws. The Government chose to punish refugees rather than protect them. These laws represent the biggest attack on the refugee protection system that we have ever seen and will close the door to desperate people who arrive in the UK to seek safety.

These laws mean that only refugees arriving through extraordinarily restricted “official” routes, such as refugee resettlement, will be allowed to claim protection. All others will be deemed “inadmissible” to claim asylum and the Government will seek to deport them. If they cannot be deported, they may be allowed to claim asylum in the UK but if they receive refugee status as a result they will not be given the right to settle. Instead, they will be regularly reassessed for removal, with limited rights to family reunion and benefits.

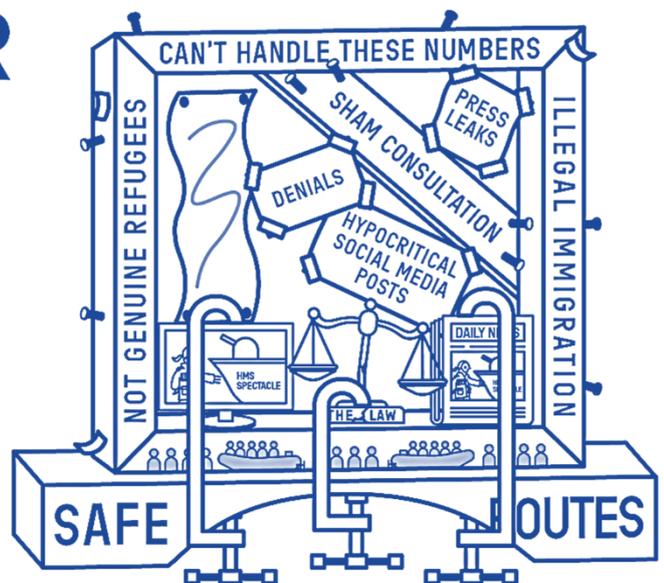
‘Fight the #AntiRefugeeLaws’ believe that people seeking protection from war and persecution should be welcomed and that everyone’s claim for asylum should be treated equally and fairly, and that the UK should offer sanctuary to those who need it.

To find out more go to <https://www.refugee-action.org.uk/campaigns/stand-up-for-asylum/>.

## **Constructing a crisis**

It’s not easy running an asylum system that protects people fleeing war and persecution and gives them a fair hearing on their application for refugee status. So it’s no surprise that some politicians see it as a thankless task and turn instead to fabricating problems, such as a **BÖRDER KRISÍS**, to give them cover for the solutions they prefer (such as the #AntiRefugeeLaws).

# BÖRDER KRISÍS



Mystics experience a full-bodied embrace and acceptance by Divine Love, and then spend their lives trying to verbalize and embody it. They invariably find ways to give that love back through forms of service and worship, but it's never *earning* the love—it's always *returning* the love. Can you feel the difference? Returning God's love is almost a different language. It's not based in fear, but in ecstasy.

*Richard Rohr OFM*