

SAINT HELEN'S PARISH

THE BODY AND BLOOD OF CHRIST

(CORPUS ET SANGUIS CHRISTI)

19th June 2022



THIS IS MY BODY, WHICH IS FOR YOU

THE WORD THIS WEEK

Before the Gospels were written, Paul lays out the story of the Last Supper and the 'Institution of the Eucharist'. He says he 'received it from the Lord'. Is that the same Lord-in-His-Body-the-Church who on the road to Damascus had asked 'why are you persecuting ME'? The same Priestly Christ, who like Melchisedek, uses bread and wine to give a blessing, food for our life's journey, so that we all have as much as we want, or need, for body and for soul? In the Eucharist we know the Lord is with us, in so many ways, and in us, and we in him.

TODAY'S SCRIPTURE: (*Psalter: Week 4*)

Gathering Antiphon:

He fed them with the finest wheat, and satisfied them with honey from the rock

Genesis 14: 18 – 20.

He brought bread and wine.

Response: Psalm 109.

The Lord's revelation to my Master:

'Sit on my right: I will put your foes beneath your feet.'

The Lord will send from Zion your sceptre of power:

Rule in the midst of all your foes.

A prince from the day of your birth //

on the holy mountains;

from the womb before the dawn I begot you.

The Lord has sworn an oath he will not change.

You are a priest for ever, //

a priest like Melchizedek of old.

Corinthians 11: 23 - 26.

*Every time you eat this bread and drink this cup,
you are proclaiming the Lord's death.*

Acclamation for the Gospel:

Alleluia, Alleluia. Alleluia!

I am the living bread which has come down from heaven,
says the Lord.

Anyone who eats this bread will live for ever.

Alleluia, Alleluia. Alleluia!

Luke 9: 11 – 17.

They all ate as much as they wanted.

Prayer of the Faithful: R/. Bread of Life, feed your children.

Preface: of the Eucharist. **Eucharistic Prayer:** ii.

Communion Antiphon: Whoever eats my flesh and drinks my blood
remains in me, and I in him, says the Lord.

IF YOU ARE THE
BODY OF CHRIST
HIS MEMBERS

*It is the mystery of yourselves
that is laid upon the altar*

*It is the mystery of yourselves
that you receive*

It is to what you are that you say

AMEN

St. Augustine





MASS AND SERVICES DURING THE WEEK:

Sat 18 th June	6.30pm	THE BODY AND BLOOD OF CHRIST ('Corpus et Sanguis Christi') Sheila Phillips
Sun 19 th June	10.30am 6.00pm	for the People of the Parish McCarthy Family (MW) (<i>Bargoed</i>)
Mon 20 th June	12 noon	Saint Alban, Saint Julius, and Saint Aaron, Protomartyrs of Britain Installation of Bishop Mark O'Toole as 8 th Archbishop of Cardiff, Diocesan Mass in Saint David's Cathedral
Tues 21 st June	9.45am 10.00am 1.15pm	Saint Aloysius Gonzaga, Religious Morning Prayer of the Church Rose Ann Ferris (CB) Funeral of Rose Anne Ferris (Thornhill)
Wed 22 nd June	9.45am 10.00am 2 – 4 pm	Morning Prayer of the Church A.M.A, Schutzer-Weissmann Intention Adoration
Thurs 23 rd June	9.45am 10.00am	THE NATIVITY OF SAINT JOHN THE BAPTIST Morning Prayer of the Church Anne Atkins (MP)
Fri 24 th June	9.45am 10.00am	THE MOST SACRED HEART OF JESUS Morning Prayer of the Church Theresia Paulo (VT)
Sat 25 th June	am 5.45 – 6.15pm 6.30pm	The Immaculate Heart of Mary Sacrament of Reconciliation 13th SUNDAY IN ORDINARY TIME For the People of the Parish
Sun 26 th June	10.30am 6.00pm	for the People of the Parish with the Baptism of Ethan Burton for the People of the Parish (<i>Bargoed</i>)



THE SACRAMENT OF RECONCILIATION:

Saturday 5.45 – 6.15pm, or at any time by arrangement with the priest.

The PARISH PRAYER LIST:

Please remember at this time all who are ill, short term with Covid or with winter bugs, and those suffering long-term or chronic sickness.

We pray also for all suffering in Ukraine, citizens, soldiers on both sides, and the refugees:

- | | | | | |
|----------------|-----------------|-------------------|------------------|-----------------|
| Eileen Morris | John Maguire | Graham Jenkins | Sandra Bray | Lloyd Jones |
| Mary Gordine | Isobel Cummins | Pauline Richards | Margaret Jones | Carol Morrissey |
| Claris Howell | Frank Price | Anne Morgan | Pat Starynski | Yvonne Grandon |
| Martyn Western | Marjorie Gurney | Carmen Agius | Lowela Teves | Keith Griffiths |
| Pino Emanuelli | Katrin Merry | Vinifred Benedict | Albert Carley | Mary Everson |
| Maura Coll | Gwyn Bishop | Christine Roberts | Christopher Bray | Loraine Nolan |
| Ann Head | Jim McGowan | Wilson Brown | Sharon Jones | |

OF YOUR PITY,

please pray for the repose of the soul of **Marie Kibble** who died last Saturday. We pray also for Andrew, Lili, and Seren, and Jane and Allan, offer them our condolence in their grievous loss.

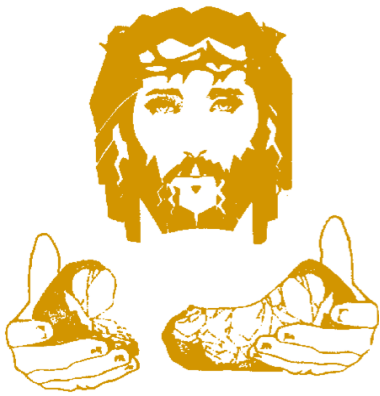
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BAPTISM FOR YOUR CHILD:

Parents looking to Baptise their child are invited to join the preparation evenings run by Natalie and Johanna, starting on Tuesday 5th July. To register please send your details to the Parish office, caerphilly@rcadc.org, or fill out one of the (green) request forms found in the church porch.

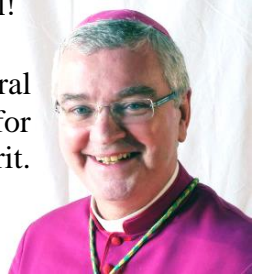


The June edition of **THE CATHOLIC PEOPLE**, our local church newspaper, with all about the new Archbishop, is now available at: <https://rcadc.org/catholic-people/>



Today is the feast of **THE BODY AND BLOOD OF CHRIST** ('Corpus et Sanguis Christi'), On Sunday morning we welcome all the new Communicants and their families who gather to celebrate together and lead us in our celebration of the Mass. At the end of Mass they will lead us in a 'Corpus Christi Procession' through the gardens: Please follow on and join in the prayer and honouring of the Lord who comes to us in the Eucharist to feed and form us, and accompany us as we are sent out from the Mass to bring his love and goodness into our world. Finally the Children will have their 'Communion Break-Fast' in the Hall, and receive their certificates. A feast for us all!

On Monday our **new Archbishop, +MARK O'TOOLE** will be installed in the Cathedral of Saint David (Charles Street, Cardiff) as the eighth Archbishop of Cardiff. Please pray for him, and for us as the Diocese he is called to lead forward in Christ, through the Holy Spirit. You may follow the celebration on the live-stream: www.cardiffcathedral.org.uk/



THE WORLD MEETING OF FAMILIES takes place this week in Rome, and in your front room via www.romefamily2022.com.

This year's theme is ***Family Love: a vocation and a path to Holiness.***

A timetable of events is available on the main website, above, and all Congresses, Celebrations and liturgies will be broadcast live via the website, YouTube and Vatican News. Special events taking place, in the presence of the Holy Father, include:

1. The Festival of Families: Wednesday June 22nd, 6.15pm in Rome/ 5.15pm in UK
2. Holy Mass: Saturday June 25th, 5.15 pm in Rome/ 4.15pm in UK
3. The Angelus at the end of the meeting with the mandate to families Sunday 26th, at 12 noon in Rome/ 11am in UK.

You can follow the meeting via FaceBook and Instagram as well as by downloading the official webapp. Digital participants will receive a certificate of participation after completing the entire webapp path, which is available in several languages: this will include an Amoris Laetitia "journey", catechesis, information on diocesan roles and virtual tours of the 4 major basilicas and the Lateran Palace.



A LADIES' NIGHT, Thursday at 7.30pm: An invitation from the Parents and Toddlers Group to the mums of the parish to share an evening break, relax, and refreshment, with prosecco, nibbles and tipples, and Yoga (!) Tickets (£5) from

The monthly **PARISH QUIZ** is this Friday in the Hall, with all the usual confusing, informative, revealing and infuriating insights, the regular generously priced bar, and the chance to order fish and chips (and mushy peas for Father). Come along for a little light entertainment and mind-gym.



Sunday 10th July: OUTDOOR MASS followed by a **FAMILY PICNIC/FUN DAY**

Come and join in our very first Outdoor Parish Mass of 2022 on Sunday 10th July. Mass will be held on the church lawn (please bring your fold up chairs and picnic blankets).

We are all invited to stay for a picnic lunch (please bring your own picnic). A Bar in the Hall, open for the duration of the picnic, will be serving wine, beer and soft drinks, and free ice creams/ice lollies. At 12.30 'little Fizz' will be to entertain the children and we will have fun games and races later in the afternoon. Book the date now and come along - everyone is very welcome.

Our parish, like many others, has been forced apart by the pandemic, we have spent many months separated in our pews, now we can actually sit side by side, so let's celebrate

Saturday 16th July: **ORDINATION** of **ELLIOT HANSON** to the **PRIESTHOOD.**

Saturday/Sunday 30th/31st July: **Visit** of **FATHER ELLIOT HANSON** to the Parish, to say Mass, preach, and give us his blessing.

SAINT HELEN'S COMMUNITY

Date	Time	Event
Sun 19 th June	11.45am	Communion Breakfast
Mon 20 th June	7.00pm	Singing Group (in church)
Wed 22 nd June	7.30pm	Sharing Sunday's Scripture
Thurs 23 rd June	2.00pm 7.30pm	The Sunshine Club Ladies Night
Fri 24 th June	1.15 – 3.15pm 7.00 for 7.30pm	History Group The Parish Quiz
Sat 25 th June	9.30 – 11.30am 1.30 – 4.30pm	Dance Leavers' Party
Sun 26 th June	11.45am	Coffee, tea, and company

OFFERTORY COLLECTION	12 th June 2022
Gift Aid	£ 10.00
Other Envelopes	£ 40.00
Loose	£ 397.99
TOTAL	£ 447.99 <i>Many thanks</i>



I am taking part in the **Big Summer Sleepout** on Thursday 30th June. It is estimated that around 227,000 people experienced the worst forms of homelessness – rough sleeping, sleeping in vans and sheds, and stuck in B&Bs – across England, Scotland, and Wales in 2021.

The Big Summer Sleepout has funded over 100 charities on the frontline of homelessness with the money raised at Sleepout events. If you wish to make a donation, please place it in the envelope provided and return it either today or to the church next week. Many, many thanks, Brigid Brown.

THE CATECHISM OF THE CATHOLIC FAITH

Part 1: **THE PROFESSION OF FAITH.** Section 2: **The Creeds**

Chapter One: **I Believe in God the Father**

Article 1 "**I believe in God the Father Almighty, creator of heaven and earth**"

Paragraph ii. **The Father.** ii. **The Divine Works and the Trinitarian Mission**

(258) The whole divine economy is the common work of the three divine persons. For as the Trinity has only one and the same natures so too does it have only one and the same operation: "The Father, the Son and the Holy Spirit are not three principles of creation but one principle" (*Council of Florence (1442): DS 1331; cf. Council of Constantinople II (553): DS 421*). However, each divine person performs the common work according to his unique personal property. Thus the Church confesses, following the New Testament, "one God and Father from whom all things are, and one Lord Jesus Christ, through whom all things are, and one Holy Spirit in whom all things are" (*Council of Constantinople II DS 421*). It is above all the divine missions of the Son's Incarnation and the gift of the Holy Spirit that show forth the properties of the divine persons.

(*Catechism of the Catholic Church 1992*)

Parish Directory

Safeguarding Officer: cmben@hotmail.com **SVP:** 20883462 **Bereavement support:** 20863450

Music: 07971848734.

Hall Bookings: 07533 082601

Piety shop: 20862998

Cafod: 20861930

Marriage Care: appointments@marriagecare.co.uk

Saint Helen's School: 20852532

Cardinal Newman School: 01443 494110

Newsletter items: 20883192

Calendar Additions: calendar@sthelenscaerphilly.com

caerphilly@rcadc.org

www.sthelenscaerphilly.com

Website Additions: Website@sthelenscaerphilly.com



Saint Helen is a Parish of the Archdiocese of Cardiff, a Registered Charity, No. 1177272

