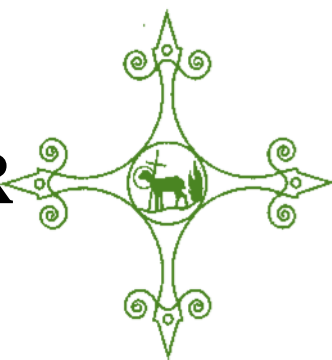




SAINT HELEN'S PARISH

13th SUNDAY of the YEAR

2nd July 2023



Anyone who does not take his Cross is not worthy of me
Anyone who Welcomes you Welcomes me.

THE WORD THIS WEEK:

Picking up on the familiar first paragraph of the Gospel, about carrying our cross, we might miss the main theme, Welcome. That is pointed up also by the story of Elisha in the book of Kings. Welcome and hospitality, and their reward, are a first image of heaven. Baptism welcomes us into Christ, whose new life is already in heaven, where he wants to welcome and host us.

TODAY'S SCRIPTURE: (Psalter: Week 1)

Gathering Antiphon: All peoples, clap your hands.
Cry to God with shouts of joy!

2 Kings 4: 8 – 11. 14 – 16

This is a holy man of God, let him rest there.

Response: Psalm 88.

I will sing for ever of your love, O Lord;
Through all ages my mouth will proclaim your truth.
Of this I am sure, that your love lasts for ever,
That your truth is firmly established as the heavens.

Happy the people who acclaim such a king,
Who walk, O Lord, in the light of your face,
Who find their joy every day in your name,
Who make your justice the source of their bliss.

For it is you, O Lord, who are the glory of their strength;
It is by your favour that our might is exalted;
For our ruler is in the keeping of the Lord;
Our king in the keeping of the Holy One of Israel.

Romans 6: 3 – 4. 8 – 11.

*When we were baptised we went into the tomb of Christ,
so that we too might live a new life.*

Acclamation for the Gospel:

Alleluia, Alleluia, Alleluia. Alleluia!
Open our heart, O Lord,
to accept the words of your son.
Alleluia, Alleluia, Alleluia. Alleluia!

Matthew 10: 37 – 42

*Anyone who does not take his cross is not worthy of me,
Anyone who welcomes you welcomes me.*

Prayer of the Faithful: R/. Open our hearts, O Lord.

Preface and Eucharistic Prayer: of Masses for various needs iv:
"Jesus who went about doing good"

Communion Antiphon: Bless the Lord, O my soul, and all within me, bless his holy name.






BAPTIZED INTO CHRIST'S DEATH



The Sunday Eucharist, the foundation of communion, is at the centre of the life of the community. Desiderio Desideravi :: Pope Francis

MASS AND SERVICES DURING THE WEEK:

Sat 1 st July	5.45pm – 6.15pm 6.30pm	Celebration of Reconciliation 13th SUNDAY in Ordinary Time for the SVP	
Sun 2 nd July	10.30am 6.00pm	for the People of the Parish for the people of the parish (Bargoed)	
Mon 3 rd July	9.45am 10.00am	SAINT THOMAS, Apostle Morning Prayer of the Church Service of the Word	
Tues 4 th July	9.45am 10.00am	Morning Prayer of the Church Service of the Word	
Wed 5 th July	9.45am 10.00am 2.00 - 4.00pm	Morning Prayer of the Church Lucy and Thomas Intention Adoration	
Thurs 6 th July	9.00am 9:15am	Morning Prayer of the Church Thanksgiving (VT)	
Fri 7 th July	9.45am 10.00am	Morning Prayer of the Church De Thezy Family (DH)	
Sat 8 th July	5.45pm – 6.15pm 6.30pm	Celebration of Reconciliation 14th SUNDAY in Ordinary Time 'SEA SUNDAY' for the People of the Parish	
Sun 9 th July	10.30am 6.00pm	for Sea-farers and their families for the people of the parish (Bargoed)	

THE SACRAMENT OF RECONCILIATION:

Saturday 5.45 – 6.15pm, or at any time by arrangement with the priest.

PARISH PRAYER LIST: In our prayers we are asked to pray for all who are sick, in hospital or at home, the long-term housebound, and those who care for them, including:

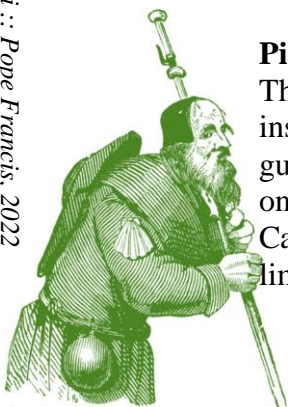
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|---------------|------------------|------------------------|-----------------|-----------------|
| Eileen Morris | John Maguire | Wilson Brown | Sandra Bray | Jackie Jones |
| Mary Gordine | Pauline Richards | Margaret Jones | Carol Morrissey | Frank Price |
| Anne Morgan | Pat Starynski | Carmen Agius | Keith Griffiths | Katrin Merry |
| Albert Carley | Mary Everson | Gwyn + Margaret Bishop | | Lorraine Cahill |
| Ann Head | James McGowan | Katherine Partenie | Dafydd Thomas | Vi Zadnic |
| Vic Owen | | | | |

PILGRIM MASS AT PENRHYS: Our Deanery (the Deanery of Our Lady of Penrhys) will lead the 'Pilgrim Mass' at the shrine at **3pm on Sunday 13th August**. Book the date now. We will have a Parish bus (bookings start in July). We will also need help on the day to prepare a risk assessment, plan, prepare, set up, and steward the Mass, and clear up after: Please tell Father what you wish to do to help.

Pilgrimage Walk to Penrhys

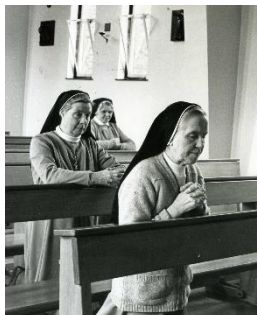
The Archdiocese is organising a guided pilgrimage walk from Cardiff to Penrhys in support of the Priest Training Fund on Sat 16 & Sun 17 Sept. Cost includes guides, storytelling evening and lifts back to starting point each day. £40pp for one day/£60pp for two. Visit www.rcadc.org for further information or contact Cathy Morris on 029 20 37 9482 or at Catherine.morris@rcadc.org Places are limited so early booking is strongly advised.

And a **Pilgrimage to Knock** led By Archbishop Mark O'Toole, 4th – 8th September, £ 699.00. See the poster in the porch.



On Sunday we will celebrate the **OUTDOOR MASS** on the big lawn behind the church, then carry on with the **FAMILY FUN DAY & PICNIC** : games, entertainment (and free ice cream too!). Let's pray for fine weather!

Please bring your picnics and drinks, and treats to share, picnic rugs, folding chairs, suncream, bats and balls and outdoor games. And hearts full of thanks for our beautiful outdoors.



150th Anniversary of THE SISTERS OF SAINT JOSEPH

The Sisters of Saint Joseph of Annecy invite you to their Celebration Mass to mark 150 years since the Sisters came South Wales and settled in Newport. The Mass is at 11.00am on Thursday 6th July at Saint Mary's Church, Stow Hill, Newport, NP20 1TP. Following Mass there will be light refreshments in 'The Institute' and an opportunity to chat and share memories.

The Mass will be livestreamed from Saint Mary: <https://allsaintsrcnewport.org.uk/>.

On Thursday evening we will again meet to **SHARE FAITH**,

using the 'Sycamore videos to look at **Single Life, Marriage, Ordination, and Consecration** – sounds like a busy evening, with something for everyone: come and offer your insights, and hear those of others.

SYCAMORE



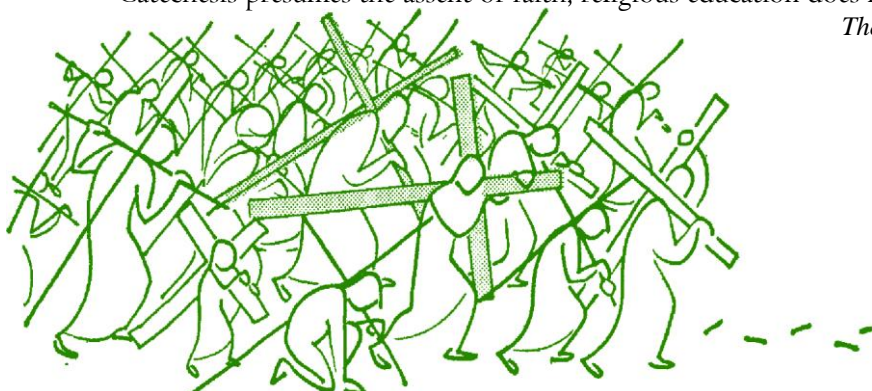
And don't forget the **PARISH CEILIDH**, Friday 14th July. Tickets (£5, under 11s go free) on sale this weekend. A 'generous' bar run by the Macfarlanes, and lots of confused foot-work and energetic fun. As part of the celebration, we will be having a raffle and would appreciate your donations for prizes.

Next Sunday, **'SEA SUNDAY'**, we will have a retiring collection for the **APOSTLESHIP OF THE SEA** who care for seafarers and their families.



"The Church makes clear that religious education, while complimentary to catechesis, is not identical with it. Catechesis promotes personal adherence to Christ, and the maturing of the Christian life : school teaching gives the students knowledge about Christianity's identity and the Christian life. Catechesis presumes the assent of faith; religious education does not."

The Religious Education Directory, 2023.



BAPTIZED INTO CHRIST'S DEATH

*The Glory of God is men and women fully alive.
And the full life of men and women is the vision of God.*

Saint Irenaeus (130 – 200AD)

SAINT HELEN'S COMMUNITY CENTRE – THIS WEEK:

Date	Time	Event
Sun 2 nd July	11.30am	Parish Picnic
Mon 3 rd July	9:00am – 3:30pm	Schools Restorative Justice
Wed 5 th July	9.30am	Parents and Toddlers
Thurs 6 th July	12.00 – 1.00pm 2.00 – 3.30pm 6.30pm 7:30pm	Elder-Fit Sunshine Club Combined Singing Group (in church) Sycamore Faith Sharing
Friday 7 th July	5.00 – 8.30pm	School Leavers Party
Sat 8 th July	9.30 – 12noon	Dance
Sun 9 th July	11.30am 4:30pm - 7:30pm	Tea, Coffee, and Catch-up Party

COLLECTION	24 th / 25 th June	
Gift Aid	£	25.00
Gift Aid standing Orders	£	527.00
Other Envelopes	£	30.00
Non Gift-Aided Standing Orders	£	172.00
Loose	£	257.48
TOTAL	£	1,011.48
		Thank you



KHERSON FLOOD APPEAL following the destruction of the Nova Kakhovka Dam: The Ukrainian Catholic Church asks for help with the relief efforts: please send your contribution to 'Ukrainian Catholic Church Central Fund, account number 20927317, sort code 20-92-60, or by cheque payable to the Ukrainian Catholic Church 'Kherson Flooding', posted to Finance Office, 21 Binney Street, London W1K 5BQ.

THE CATECHISM OF THE CATHOLIC FAITH

Part 1: THE PROFESSION OF FAITH. Section 2: The Creeds

Chapter One: I Believe in God the Father

Article 1 "I believe in God the Father Almighty, creator of heaven and earth"

Paragraph v. Heaven and Earth: 1 The Angels

(332) Angels have been present since creation and throughout the history of salvation, announcing this salvation from afar or near and serving the accomplishment of the divine plan: they closed the earthly paradise; protected Lot; saved Hagar and her child; stayed Abraham's hand; communicated the law by their ministry; led the People of God; announced births and callings; and assisted the prophets, just to cite a few examples. (Cf. Job 38:7 (where angels are called "sons of God"); Genesis 3:24; 19; 21: 17; 22:11; Acts 7:53; Ex 23:20-23; Judges 13; 6:11-24; Is 6:6; 1 Kings 19:5.) Finally, the angel Gabriel announced the birth of the Precursor and that of Jesus himself. (Cf. Luke 1:11, 26.)

Catechism of the Catholic Church 1992

Parish Directory

Safeguarding Officer: cmben@hotmail.com **SVP:** 07704 292 945 **Hall Bookings:** 07533 082601

Bereavement support: 20863450 **Music:** 07971848734. **Piety shop:** post vacant

CAFOD: 07726968374 / 07791318809 **Marriage Care:** appointments@marriagecare.co.uk

Saint Helen's School: 20852532 **Cardinal Newman School:** 01443 494110

Newsletter items: 20883192 **Calendar Additions:** calendar@sthelenscaerphilly.com

caerphilly@rcadc.org **www.sthelenscaerphilly.com**

Website Additions: Website@sthelenscaerphilly.com

