

SAINT HELEN'S PARISH

16th SUNDAY of the YEAR

23rd July 2023



THE SPIRIT COMES TO HELP US

THE WORD THIS WEEK:

Good seed sown, and weeds growing. bread kneaded, and yeast growing. Every-day life, parables that open up things hidden, and made marvellous by the presence of the Spirit, who turns everything to prayer when we don't know how to. By acting thus, God gives us lessons, of kindness, and hope, and repentance, of seeking and looking and finding again.

TODAY'S SCRIPTURE: (Psalter: Week 4)

Gathering Antiphon: See, I have God for my help. The Lord Sustains my soul.
I will sacrifice to you with willing heart,
and praise your name, O Lord, for it is good.

Wisdom 12: 13, 16 – 19.

After sin you will grant repentance.

Response: Psalm 85.

O Lord, you are good and forgiving,
full of love to all who call.

Give heed, O Lord, to my prayer
and attend to the sound of my voice.

All the nations shall come to adore you
and glorify your name, O Lord:
For you are great and do marvellous deeds,
you alone are God.

But you, God of mercy and compassion,
slow to anger, O Lord,
abounding in love and truth,
turn and take pity on me.

Romans 8: 26 - 27

The Spirit expresses our plea in a way that could never be put into words..



Acclamation for the Gospel:

Alleluia, Alleluia. Alleluia!

May the Father of our Lord Jesus Christ
enlighten the eyes of our mind,

So that we can see what hope his call holds for us.

Alleluia, Alleluia. Alleluia!

Matthew 13: 24 – 43.

Let them both grow till the harvest.

Prayer of the Faithful: R/. Give heed, O Lord, to our prayer.







Preface: of Sundays iii. **Eucharistic Prayer:** ii

Acclamation: Save us, Saviour ...

Communion Antiphon: The Lord, the gracious, the merciful,
has made a memorial of his wonders;
He gives food to those who fear him.



MASS AND SERVICES DURING THE WEEK:

Sat 22 nd July	5.45pm – 6.15pm 6.30pm	Celebration of Reconciliation 16th SUNDAY in Ordinary Time ‘Grandparents Day’ for the Harvest	
Sun 23 rd July	10.30am 6.00pm	Rita Bell (CP) for the People of the Parish (Bargoed)	
Mon 24 th July	9.45am 10.00am	Morning Prayer of the Church Graham Jenkins (GJ)	
Tues 25 th July	9.45am 10.00am	SAINT JAMES , Apostle Morning Prayer of the Church Requiem for Blanche Friend	
Wed 26 th July	9.45am 10.00am 2.00 - 4.00pm	Saint Joachim + Saint Anne , Parents of Mary Morning Prayer of the Church Lazar + Pathros (TT) Adoration of the Blessed Sacrament	
Thurs 27 th July	9.45am 10:00am	Morning Prayer of the Church Service of the Word	
Fri 28 th July	9.45am 10.00am 1.00pm	Morning Prayer of the Church Jessica + Matthew Intention Wedding of Jessica Lane + Matthew Sheldon	
Sat 29 th July	5.45pm – 6.15pm 6.30pm	Celebration of Reconciliation 17th SUNDAY in Ordinary Time Bro. Theophine Thaliyan (VT)	
Sun 30 th July	10.30am 6.00pm	for the People of the Parish Cooper, Mahoney, Vivian + Lanfear families (BC) (Bargoed)	

THE SACRAMENT OF RECONCILIATION:

Saturday 5.45 – 6.15pm, or at any time by arrangement with the priest.

PARISH PRAYER LIST: In our prayers we are asked to pray for all who are sick, in hospital or at home, the long-term housebound, and those who care for them, including:

Eileen Morris	John Maguire	Wilson Brown	Sandra Bray	Jackie Jones
Mary Gordine	Pauline Richards	Margaret Jones	Carol Morrissey	Frank Price
Anne Morgan	Pat Starynski	Carmen Agius	Keith Griffiths	Katrin Merry
Albert Carley	Mary Everson	Gwyn + Margaret Bishop		Lorraine Cahill
Ann Head	James McGowan	Katherine Partenie	Dafydd Thomas	Vi Zadnic
Vic Owen	Steve Jones			

The **S.V.P.** (Society of Saint Vincent de Paul) meets on Monday, 6pm in the Hall.

‘Sycamore’ **SHARING (and growing in) FAITH** concludes on Thursday, 7.30pm in the hall. **THANK YOU** to Kate Duffin for leading us, and thank you to all who generously joined in and shared in this opportunity to review the content of our faith, and deepen our love for it. This last week we will be exploring ‘**The Hope of Heaven**’ – All welcome!

THANK YOU to those who filled in the ‘ALPHA’ sheets, to take their part in our shared baptismal call to **Know Christ Better ourselves**, and to offer opportunities and open doors for our brothers and sisters do so too.

We have nearly enough engagement to form a skeleton team to put this on as the start of our **FAITH SHARING** next year, but more of us need to take up our part in it if the Parish is to live and grow true to our calling and vision. Please use the form on the back of this newsletter, Thank you.

You're invited!



THE BUS LIST for the Pilgrimage to **OUR LADY OF PENRHYS** is now in the porch

SAINT HELEN'S COMMUNITY CENTRE – THIS WEEK:

Date	Time	Event
Sun 23 rd July	11.30am	Tea, Coffee, and Catch-up
Mon 24 th July	1:30pm 6:00pm	Sweaty Mamas SVP Meeting
Thurs 27 th July	12pm – 1pm 2.00 – 3.00pm 7.30pm	Elder Fit Sunshine Club Faith Sharing ('Sycamore')
Friday 28 st July	9:30 – 11:30 1.00 - 3.00pm	Little Fizz History
Sat 29 th July	9.30 – 12noon	Dance
Sun 30 th July	11.30am	Tea, Coffee, and Catch-up



COLLECTION	15/16 th July	
Gift Aid	£	10.00
Gift Aid standing Orders	£	527.00
Other Envelopes	£	97.00
Non Gift-Aided Standing Orders	£	172.00
Loose	£	314.23
TOTAL	£	1,120.23
Ceilidh (Tickets, Raffle, Bar)	£	497.41
		Thank you
		Thank you

THANK YOU for the many generous raffle prizes; thank you to Jayne and Colin Macfarlane for the excellent bar for the Ceilidh; and thank you to the organisers, and all who enjoyed it, and danced!

THE CATECHISM OF THE CATHOLIC FAITH

Part 1: THE PROFESSION OF FAITH. Section 2: The Creeds

Chapter One: I Believe in God the Father

Article 1 "I believe in God the Father Almighty, creator of heaven and earth"

Paragraph v. Heaven and Earth: I. The Angels

(336) From infancy to death human life is surrounded by their watchful care and intercession (Cf. *Matthew 18:10; Lk 16:22; Psalms 34:7; 91:10-13; Job 33:23-24; Zechariah 1:12; Tobit 12:12.*). "Beside each believer stands an angel as protector and shepherd leading him to life." (*Saint. Basil, Adv. Eunomium III, I: PG 29, 656B.*) Already here on earth the Christian life shares by faith in the blessed company of angels and men united in God.

II. The Visible World

(337) God himself created the visible world in all its richness, diversity and order. Scripture presents the work of the Creator symbolically as a succession of six days of divine "work", concluded by the "rest" of the seventh day (*Genesis 1:1 - 2:4*). On the subject of creation, the sacred text teaches the truths revealed by God for our salvation, (cf. DV 11) permitting us to "recognize the inner nature, the value and the ordering of the whole of creation to the praise of God." (LG 36 # 2)

Catechism of the Catholic Church 1992

Parish Directory

Safeguarding Officer: cmben@hotmail.com **SVP:** 07704 292 945 **Hall Bookings:** 07533 082601

Bereavement support: 20863450 **Music:** 07971848734. **Piety shop:** post vacant

CAFOD: 07726968374 / 07791318809 **Marriage Care:** appointments@marriagecare.co.uk

Saint Helen's School: 20852532 **Cardinal Newman School:** 01443 494110

Newsletter items: 20883192 **Calendar Additions:** calendar@sthelenscaerphilly.com

caerphilly@rcadc.org **www.sthelenscaerphilly.com**

Website Additions: Website@sthelenscaerphilly.com



You're invited!

ALPHA



We hope to run an Alpha course in the Parish this autumn, for ourselves, and for anyone who is looking **to Know Christ Better**.

Like all faith work, Alpha is a team effort, all of us working together, each of us bringing our particular skills and talents, interests and blind spots, all of us depending on each other.

So where will you be able to help? – Please tick at least one, at most two, of the following tasks:

Overall **Administrator**, to schedule, fix and organise the whole course:

For each evening:

M.C. to Welcome, explain, and lead the evenings:

Small Group **Host** (chatty and good listener, 2 per table):

Small Group **Helper** (chatty and friendly, 2 per table)

Hospitality:

Set up before and tidy up after (tables and chairs, washing up and cleaning etc)

Décor and table-setting

Catering (or ‘Meal Coordinators’!) (ordering and serving food and drink)

Tech support (audio and video)

Admin:

Publicity!

Welcoming and **Registering** Guests

Recording, remembering, reminding

Follow up

NAME:

CONTACTS:

“In our fathers’ days it could be taken for granted that knowledge of God was the abiding concern of a huge swath of the welsh lay folk. Now it is politics or scientific theory, and our young people not only have no theology but have no appetite for it at all.

In our age agnosticism has come to the front as a conscious phase of the human intellect and teaches our young people not that this or that solution to the problem is fallacious ... but that the problem itself need not be solved in either way.”

Thomas Charles Edwards, 1888