

SAINT HELEN'S PARISH

The TRANSFIGURATION of OUR LORD

6th August 2023



IT IS WONDERFUL FOR US TO BE HERE

THE WORD THIS WEEK:

The prophet has a vision of the end time, and the triumph of the 'Son of Man'. On the holy mountain Jesus gives three Apostles a preview in real time. Though Peter wants to set up tabernacles to fix it and stay safe there, Jesus leads them back down to everyday, and to his coming passion and death. The prophetic vision is to be a lamp lighting the way through the dark until the dawn comes, for us too.

TODAY'S SCRIPTURE: (Psalter: Week 2)

Gathering Antiphon: In a resplendent cloud the Holy Spirit appeared. The Father's voice was heard:
This is my beloved Son, with whom I am well pleased, listen to him..

Daniel 7: 9 – 10, 13 – 14.

His robe was white as snow.

Response: Psalm 96.

The Lord is king, let earth rejoice,
let all the coastlands be glad.
Cloud and darkness are his raiment;
his throne, justice and right.

The mountains melt like wax
before the Lord of all the earth.
The skies proclaim his justice;
all peoples see his glory.

For you indeed are the Lord
most high above all the earth,
exalted far above all spirits,
most high above all the earth.

2 Peter 1: 16 – 19.

We heard this ourselves, spoken from heaven.

Acclamation for the Gospel:

Alleluia, Alleluia. Alleluia!
This is my Son, the Beloved,
he enjoys my favour; listen to him.
Alleluia, Alleluia. Alleluia!

Matthew 17: 1 – 9.

His face shone like the sun.

Prayer of the Faithful: R/. Lord, let us see your glory.

Preface: of the Feast. **Eucharistic Prayer:** i. **Acclamation:** When we eat this bread and .

Communion Antiphon: When Christ appears, we shall be like him, for we shall see him as he is.



DATES FOR YOUR DIARY:

Sunday 20th Aug: Saint John Kemble Pilgrimage

Sunday 27th Aug: Saint David Lewis Pilgrimage

Sunday 3rd Sept: Parish **Support Group**

Monday 4th Sept: Saint Helen's **School** is back

Friday 8th Sept: **Mass** for the sick and housebound.


Sat/Sunday 16/17th: **Xaverian Fathers** Mission Appeal

Tuesday 26th Sept: Preparing to Live in **Communion**



PENRHYS PILGRIMAGE + MASS: Our Deanery (the Deanery of Our Lady of Penrhys) will lead the 'Pilgrim Mass' at the shrine at 3pm next, **Sunday 13th August.** Book the date now.

MASS AND SERVICES DURING THE WEEK:

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|-------------------------------|--|---|--|
| Sat 5 th August | 6.30pm | The TRANSFIGURATION of OUR LORD Canon John O'Flaherty (GM) |  |
| Sun 6 th August | 10.30am 6.00pm | For peace with the Baptism of Chukwuadika Aririeri for the People of the Parish (Bargoed) | |
| Mon 7 th August | 9.45am 10.00am | Morning Prayer of the Church for the recently bereaved |  |
| Tues 8 th August | 9.45am 10.00am | Saint Dominic , Priest Morning Prayer of the Church Jordan Miriam (TT) | |
| Wed 9 th August | 9.45am 10.00am 2.00 - 4.00pm | SAINT TERESA BENEDICTA OF THE CROSS , Virgin + Martyr, Patron of Europe Morning Prayer of the Church for Peace and Reconciliation Adoration of the Blessed Sacrament |   |
| Thurs 10 th August | 9.45am 10:00am 11.30am | SAINT LAWRENCE , Deacon + Martyr Morning Prayer of the Church Christiane & Robert Intention Wedding of Christiane Berube & Robert Hearne | |
| Fri 11 th August | 9.45am 10.00am | Saint Clare , Virgin Morning Prayer of the Church Claire SW Intention |  |
| Sat 12 th August | 5.45pm - 6.15pm 6.30pm | Celebration of Reconciliation 19th SUNDAY of the Year for the People of the Parish | |
| Sun 13 th August | 10.30am 3.00pm 6.00pm | for the Deanery of Our Lady of Penrhys Pilgrim Mass, Penrhys for the People of the Parish (Bargoed) |  |

THE SACRAMENT OF RECONCILIATION:

Saturday 5.45 – 6.15pm, or at any time by arrangement with the priest.



STAND READY

SAINT HELEN'S COMMUNITY CENTRE:

| Date | Time | Event |
|-----------------------------|------------------|-----------------------------|
| Sun 6 th August | 11.30am | Tea, Coffee, and Catch-up |
| Mon 7 th August | 1:30pm 6.00pm | Sweaty Mamas S.V.P. |
| Tues 8 th August | 7.00pm | Parish Book Club |
| Thurs 3 rd Aug | | Wedding Reception and Party |
| Sun 6 th Aug | 11.30am | Tea, Coffee, and Catch-up |

| COLLECTION | 29 th /30 th July | |
|--------------------------------|---|------------------|
| Gift Aid | £ | 13.00 |
| Gift Aid standing Orders | £ | 527.00 |
| Other Envelopes | £ | 51.00 |
| Non Gift-Aided Standing Orders | £ | 172.00 |
| Loose | £ | 253.45 |
| TOTAL | £ | 1,016.45 |
| | | Thank you |

PILGRIMAGE SUMMER: As well as the Diocesan Pilgrimage to Our Lady of Penrhys next Sunday, we are invited to remember two of our Martyrs: Saint John Kemble on the 20th, and Saint David Lewis on the 27th.

Parish Directory

Safeguarding Officer: cmben@hotmail.com

Priest: Revd. John Kelly 20 883192

SVP: 07704 292 945

Hall Bookings: 07533 082601

Bereavement support: 20863450

Music: 07971848734.

Piety shop: *post vacant*

CAFOD: 07726968374 / 07791318809

Marriage Care: appointments@marriagecare.co.uk

Saint Helen's School: 20852532

Cardinal Newman School: 01443 494110

Newsletter items: 20883192

Calendar Additions: calendar@sthelenscaerphilly.com

caerphilly@rcadc.org

www.sthelenscaerphilly.com

Website Additions: Website@sthelenscaerphilly.com



“The Divine Liturgy is at the heart of the Church’s mission to save humanity, a humanity that is in the process of forgetting God and descending into ugliness, chaos, and nihilism. Liturgy must be so formed and celebrated to enable us to experience God in a world that is becoming increasingly secular. Since we are by nature ritual beings, sacred ritual inspired by Revelation resonates with us. That is a source of hope for the Church.”

Vincent Twomey SVD

“In our fathers’ days it could be taken for granted that knowledge of God was the abiding concern of a huge swath of the Welsh lay folk. Now it is politics or scientific theory, and our young people not only have no theology but have no appetite for it at all.

In our age agnosticism has come to the front as a conscious phase of the human intellect and teaches our young people not that this or that solution to the problem is fallacious ... but that the problem itself need not be solved in either way.”

Thomas Charles Edwards, 1888

‘What is one seeking to do today in the art of accompaniment in the Church, in one-to-one accompaniment and in the accompaniment of a group?’ I think it revolves around a three-fold process – firstly, personal healing, secondly a cultural “detoxing”, and thirdly, intellectual conversion. Interestingly enough, in many of the recent submissions for the Synodal process, the need and desire of formation is emphasised again and again. I think that Formation needs to focus around these three elements – personal healing, cultural detoxing, and intellectual conversion.

Archbishop Mark O’Toole – the Art of Accompaniment

We need a newer approach to the accompaniment of sacramental journey. So many go through our sacramental programmes but fewer regularly partake in the most profound experience of our faith, the Eucharist. Do our people experience our catechetical programmes as experiences in which they have been accompanied by us, such that we are alongside them, whilst also assisting them to take steps into encounter with Jesus Christ? We seek to form people and send them forth in the faith, but do they really have a sense of Jesus’ personal call? Do they encounter us as authentic disciples of His? As disciples, if we have not really had a sense that we are called by Jesus, that He accompanies us and desires us personally, then being formed and sent forth is like building on sand.

We are using outmoded strategies – usually sacramental programmes which run along particular trajectories and it is hard to step off. Yet these are unable to cope with what the current culture is throwing up and the tendency can be to ‘go with the flow’.

Archbishop Mark O’Toole – the Art of Accompaniment

MARTYRS' PILGRIMAGES – two summer pilgrimages to local martyr saints:



PILGRIMAGE to the grave of **SAINT JOHN KEMBLE**, Sunday 20th August, starting at Welsh Newton Churchyard, 3pm: For details, please see the notice in the porch. John Kemble, a 79 year old quiet and respected local priest, so loved by the local agricultural community that he was tolerated, even befriended, by the new reformation authorities, was taken (on foot) to London after the ‘Titus Oates Plot’,

*Blessed John Kemble
smoking his last pipe*

tried, and brought back to Hereford to be ‘Hung, Drawn, and Quartered’.



PILGRIMAGE to the grave of **SAINT DAVID LEWIS**, Sunday 27th August, 3pm in Usk Church. Saint David Lewis, a Jesuit born in Abergavenny, was also caught up in the aftermath of the Titus Oates plot, and martyred in Usk in 1697, the last of the Welsh martyrs.



Pilgrimage Walk to Penrhys

The Archdiocese is organising a guided pilgrimage walk from Cardiff to Penrhys in support of the Priest Training Fund on Sat 16 & Sun 17 Sept. Cost includes guides, storytelling evening and lifts back to starting point each day. £40pp for one day/£60pp for two. Visit www.rcadc.org for further information or contact Cathy Morris on 02920 37 9482 or at Catherine.morris@rcadc.org Places are limited so early booking is strongly advised.



Pilgrimage to Knock led By Archbishop Mark O’Toole:

£699.00 per person sharing. Price includes flight, all transfers, 4 nights’ in Knock House Hotel with full board. All entertainment and excursions included. Day trips to Westport, Ballintubber Abbey, Croagh Patrick, Fr. Peyton Centre & National Museum. Single supplement £150.00. Starting on the 4th September. Contact Patricia on 01268 762 278 or 07740 175557 or email knockpilgrimages@gmail.com.

“Attention is the rarest and purest form of generosity”

Simon Weil