SAINT HELEN'S PARISH

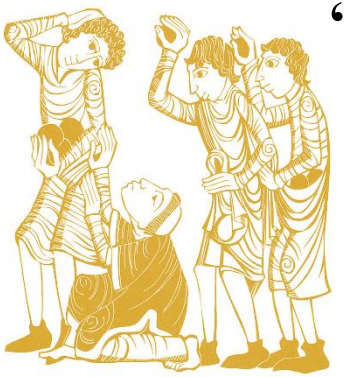
7th EASTER, ALLELUIA!

'World Communications Day'

SEASON of LENT & EASTER

1st June 2025

Alleluia Alleluia



Let All Who Are Thirsty Come!

THE WORD THIS WEEK

The end of Jesus' physical presence among us at the Ascension leaves us praying for his return: Come, Lord Jesus! But already Stephen is 'full of the Holy Spirit' who gives him strength to imitate Jesus and forgive his persecutors. We too have that Spirit in us, joining us as bride to the Lord, and drawing us as one ('un-ity') into Christ's Body, the Church. Confirmation in the Spirit forms and strenghens that intimate bond.

TODAY'S SCRIPTURE: (*Psalter:* Week 3)

Acts 7: 55 – 60.

I see the Son of Man standing at the right hand of God.

Response: **Psalm 96.**

The Lord is king, let earth rejoice,
let the many islands be glad.
Justice and right are the foundation of this throne.

The skies proclaim his justice,
all peoples see his glory.
All you angels, worship him.

Alleluia

For you indeed are the Lord,
most high above all the earth,
exalted far above all gods.

Alleluia

Revelation 22: 12 – 14, 16 – 17, 20.

Come Lord Jesus!

Alleluia

Acclamation for the Gospel:
Alleluia, Alleluia, Alleluia!
I will not leave you as orphans, says the Lord;
I am going away and I will come to you
and your hearts will rejoice.
Alleluia, Alleluia, Alleluia!

John 17: 20 – 26.

Alleluia

May they become perfectly one.

Prayer of the Faithful: *R/.* Christ in Majesty, renew your Spirit in us.

Preface: of the Ascension i. ***Eucharistic Prayer:*** iii.

Acclamation: We proclaim your death. O Lord …

Communion Chant: I will be the vine, and you will be the branches.
All you who live in me will never, never die.
I will be the sign, I will offer many chances;
So live, oh live in me, and you shall have new life.

MASS AND SERVICES DURING THE WEEK:

Sat 31st May *Pentecost Novena*	**5.30pm** 6.30pm	***7th EASTER*** for the People of the Parish Sacrament of Reconciliation
Sun 1st June *Pentecost Novena*	**10.00am** **11.45am**	for the Confirmation Candidates for Peace in the Holy Land (*Bargoed*)
Mon 2nd June *Pentecost Novena*	9.45am 10.00am	Morning Prayer of the Church Vi Zadnik (SVP)
Tues 3rd June *Pentecost Novena*	9.40am	**Saint Charles Lwanga and Companions,** the Ugandan Martyrs Requiem for Mary Everson
Wed 4th June *Pentecost Novena*	9.45am 10.00am 2.00 – 4.00pm	Morning Prayer of the Church Mary Brown (ER) Adoration
Thurs 5th June *Pentecost Novena*	9.45am 10.00am	**Saint Boniface,** Bishop + Martyr Morning Prayer of the Church Joseph and Felsy (TT)
Fri 6th June *Pentecost Novena*	9.45am 10.00am 7.00pm	Morning Prayer of the Church for Our Confirmation Candidates **Confirmation Mass** (*Saint Dyfrig*)
Sat 7th June *Pentecost Novena*	**5.30pm** 6.30pm	***PENTECOST*** Fausto Delanegra (GM) Sacrament of Reconciliation
Sun 8th June	**10.00am** **11.45am**	for the People of the Parish Pauline O'Connor (JJ) (*Bargoed*)

THE SACRAMENT OF RECONCILIATION:

Saturday **6.30pm,** or at any time by arrangement with the priest.

PARISH PRAYER LIST: In our prayers we are asked to pray for all who are sick, in hospital or at home, the long-term housebound, and also for their families and carers:

John Maguire	Carol Beech	Sandra Bray	Dafydd Thomas	Mary Gordine
Pauline Richards	Margaret Jones	Carol Morrissey	Frank Price	Anne Morgan
Pat Starynski	Katrin Merry	Albert Carley	Michael Thomas	Loraine Cahill
Gwyn + Margaret Bishop		Ann Head	Keith Jones	Lorna Elliot
Katherine Partenie	Terrence Miles	Anthony Bromley	Monica Skillen	Lloyd Jones
Mary + Alan Conant	Johanna + Brian Greenaway		Anne Bradsdon	

PLEASE PRAY ALSO for Elizabeth Elwood, Nick Elwood's mother, who died peacefully on Monday night. May she rest in peace. Please remember also Nick and all the family, to whom we offer our condolences.

'Paraclete' – 'On our side', and 'At our side'

Come Holy Spirit

OUR MINISTERS THIS SUNDAY

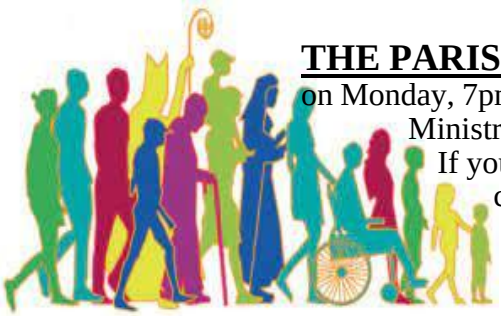
	Saturday	Sunday
Welcome	Douglas Gordine & Sandra Williams	Keith Antony & Susan Davies
Word	Kate Duffin, Nick Trodd & Catherine Pritchard	Keith Anthony, Terry ap Hywel and Gina Jenkins
Communion	Margaret Davidson, Sylvia Miles & Daniel Barrett	Sunil John, John Brady and Gina Jenkins

WELCOME AND CONGRATULATIONS to the children joining in Communion today for a first time, and to their families: Lyra and Lucio in Saint Helen, and Mirella in Saint Peter.
On Sunday 22nd June, the whole group will gather again, still glorious iun their smart Communion outfits, to celebrate 'Corpus Christi', the Body and Blood of Christ with a procession at the end of Mass, followed by their 'Communion Breakfast', and the presentation of their Communion Certificates.

The SVP ask for your donations of any (good quality) unwanted items for the South Wales SVP shops. Please bring your items to church this weekend (31st May/1st June) and leave them at the back of the church. Thank you for your support.

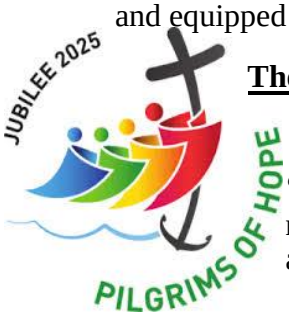
Don't miss out on the **TEA, COFFE AND BISCUITS** in the hall after Sunday morning Mass, and invitation to meet, chat, and build our Parish family links and communion.

To join the **LECTIO DIVINA MEETING** on Monday at 1pm, contact Tessa on 07777659744.



THE PARISH DEVELOPMENT GROUP meets in the small meeting room on Monday, 7pm. Among the topics for discussion, discernment, and decisions: Youth Ministry; Faith Development; Prayer.
If you have anything to add, please remember the 'Suggestions Box' in the church porch – and if possible add your name to any suggestions so that you can be told of any response or follow up, and maybe get involved in any solutions. Thank you.

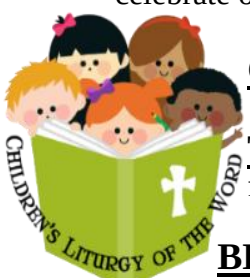
THE CANDIDATES FOR CONFIRMATION practice in Saint Dyfrig's, Treforest on Tuesday, 7.45pm, with their sponsors, if possible, or a parent to stand in – please don't be late. If you need a lift, please talk to Father or Simon.
CELEBRATION OF THE SACRAMENT OF CONFIRMATION will be on Friday, starting at 7pm, in Saint Dyfrig, Treforest for Angelina Jacob, Evie Gough, Krystyna Comito, Jakub Malecki, Kajetan Luczka and Tomasz Zawistowski. Please come to support our young people being called, commissioned and equipped by the Holy Spirit to grow the life of Christ in our Parish.



The JOPPA Event for the Communion and Confirmation Families has been postponed till Tuesday 17th June – apologies for the delay, due to the Confirmation Practice.

'MYSTAGOGIA'- Leading into the (sacramental) mysteries - continues with the new catholics, their catechists and sponsors, and all who walking with them and accompanying them on this exploration. 7.30 on Wednesday, in the Hall.

Next weekend we celebrate ***PENTECOST***, the outpouring of God's Holy Spirit on people of every nation, language and culture, which brings about the birth the Church. **Please dress in NATIONAL COSTUME, or wear your BEST RED OUTFITS** to celebrate our unity in diversity and the burning love of the Holy Spirit.



C.L.o.W. The children celebrate a Children's Liturgy of the Word in the hall next Sunday

THE PARISH BOOK CLUB has chosen Katherine Graham's 'Personal History' for this (long) month's read: come to review it on Tuesday 15th July.

BEES & BEE-KEEPING: Saint Helen's School bee-keepers (all 2 of them) are looking for a little help (only very occasionally) with the school hives. If you have this wonderful skill, and could help. Please contact the school on 02920 852532. Thank you!

SAINT HELEN'S COMMUNITY CENTRE:

Date	Time	Event
Sun 1st June	11.30am	Coffee, tea, and biscuits after Mass
Mon 2nd June	9.15am 1.30 – 2.45pm 4.30pm 7.00pm	Parents and Toddlers Sweaty Mamas Fame Factory Parish Development Group
Tues 3rd June	10.30am – 12.30pm 7.45pm	Music Confirmation Practice, In Saint Dyfrig
Wed 4th June	9.15am 3.30 – 5.30pm 7.30pm	Parents and Toddlers Taekwondo Mystagogia: The Holy Spirit of the Church
Thurs 5th June	1.00 – 3.00pm	Art & Craft
Fri 6th June	9.30 – 11.30am 4.15 – 5.15pm	Mini Athletics Dance Group
Sat 7th June	9.15am	Dance
Sun 8th June	11.30am	Coffee, tea, and biscuits after Mass

COLLECTIONS	24th / 25th May
Gift Aid standing Orders	£ 527.00
Non Gift-Aided Standing Orders	£ 172.00
Loose	£ 456.61
TOTAL	**£ 1,155.61 Thank you**

THE CATECHISM OF THE CATHOLIC FAITH
Part 1: **THE PROFESSION OF FAITH.**
Section 2**: The Creeds** Article 3 **"He was conceived by the power of the Holy Spirit, and was born of the Virgin Mary"** **Paragraph 1: The Son of God Became Man**
IV. How is the Son of God Man?

(476) Since the Word became flesh in assuming a true humanity, Christ's body was finite. (*Cf. Council of the Lateran (649): DS 504.*) Therefore, the human face of Jesus can be portrayed; at the seventh ecumenical council (Nicaea II in 787) the Church recognized its representation in holy images to be legitimate. (*Cf. Cal 3:1; cf. Council of Nicaea II (787): DS 600-603*).

(477) At the same time the Church has always acknowledged that in the body of Jesus "we see our God made visible and so are caught up in love of the God we cannot see." (*Roman Missal, Preface of Christmas I*). The individual characteristics of Christ's body express the divine person of God's Son. He has made the features of his human body his own, to the point that they can be venerated when portrayed in a holy image, for the believer "who venerates the icon is venerating in it the person of the one depicted" (*Council of Nicaea II: DS 601*).

Catechism of the Catholic Church 1992

Come Holy Spirit

Come Holy Spirit

'Advocate' – 'Speaking up for us'

Parish Directory

Parish Priest: Revd. John Kelly 20 883192
Safeguarding Officer: cmben@hotmail.com **SVP:** 07704 292 945 **Hall Bookings:** 07533 082601
Bereavement support: 20863450 **Music:** 07971848734. **Piety shop:** 07777659744
CAFOD: 07726968374 / 07791318809 **Marriage Care:** appointments@marriagecare.co.uk
Saint Helen's School: 20852532 **Cardinal Newman School:** 01443 494110
email: **caerphilly@rcadc.org** Website: **www.sthelenscaerphilly.com**

Saint Helen is a Parish of the Archdiocese of Cardiff-Menevia, a Registered Charity, No. 117727