SAINT HELEN'S PARISH

SAINT PETER ✠ SAINT PAUL

29th June 2025

✠ RESCUED ✠ FORGIVEN ✠ SAVED ✠

THE WORD THIS WEEKEND

The Vigil tells of the Lord's healing and forgiveness, still working in and through his Apostles, and us. The day Mass tells stories of how he rescues and forgives them, and us. Dare we catch hold of all that he offers? Dare we believe that in us and with us, the Lord's great heart wants only to save his people?

SCRIPTURE: (*Weekday Readings:* week 13, year 1*;* *Psalter:* Week 1)

Vigil Mass:

Acts 3: 1 – 10.

What I have I give to you,
In the name of Jesus, rise up and walk!

Response: **Psalm 18.**

The heavens declare the glory of God
and the firmament proclaims the work of his hands.
Day unto day breathes forth a word,
and night unto night imparts the knowledge,

No speech, no word, whose voice goes unheeded;
their sounds goes forth through all the earth,
their message to the utmost bounds of the world

Galatians 1: 11 – 20.

God who ad set me apart before I was born

Acclamation for the Gospel:

Alleluia, Alleluia, Alleluia, Alleluia!
Lord, you know everything;
you know I love you.
Alleluia, Alleluia, Alleluia, Alleluia!

John 21: 15 – 19.

Feed my lambs; feed my sheep.

Prayer of the Faithful: *R/.* Lord, heal our hearts.
Preface: of the Feast. ***Eucharistic Prayer:*** i.
Acclamation: Save us, Saviour…

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Day Mass:

Acts 12: 1 – 11.

Now I am sure that the Lord
has rescued me from the hand of Herod

Response: **Psalm 33.**

I will bless the Lord at all times,
praise of him is always in my mouth,
in the Lord my soul shall make its boast.
the humble shall hear and be glad.

Glorify the Lord with me;
together let us praise his name.
I sought the Lord and he answered me;
from all my terrors he set me free.

Look towards him and be radiant;
let your faces not be abashed.
This lowly one called; the Lord heard
and rescued him from all his distress.

The angel of the Lord is encamped
around those who fear him, to rescue them.
Taste and see that the Lord is good.
Blessed is the man who seeks refuge in him.

2 Timothy 4: 6 – 8. 17 – 18.

There is laid up for me the crown of righteousness

Acclamation for the Gospel:

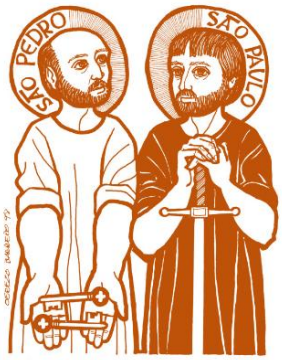
Alleluia, Alleluia, Alleluia, Alleluia!
You are Peter and on this rock
I will build my Church,
and the gates of hell shall not prevail against it.
Alleluia, Alleluia, Alleluia, Alleluia!

Matthew 16: 13 – 19.

You are Peter, and I will give you
the keys of the kingdom of heaven.

Prayer of the Faithful: *R/.* Lord, rescue us.
Preface: of the Feast. ***Eucharistic Prayer:*** i.
Acclamation: Save us, Saviour…

MASS AND SERVICES THIS WEEK:



Sat 28th June	**5.30pm**	**SAINT PETER + SAINT PAUL,** Apostles for Peace (*Outdoor Mass*)
Sun 29th June	**10.00am** **11.45am**	for the People of the Parish (with the **Baptism** of Ellis Hoy) for the People of the Parish (Bargoed)
Mon 30th June	9.45am 10.00am	Morning Prayer of the Church Lynn Williams (SW)
Tues 1st July	9.45am 10.00am	Morning Prayer of the Church Giannina Morizzi (GF)
Wed 2nd July	9.45am 10.00am 2.00 – 4.00pm	Morning Prayer of the Church Theresia Paolo (VT)) Adoration of the Blessed Sacrament
Thurs 3rd July	 9.45am 10.00am	**SAINT THOMAS,** Apostle Morning Prayer of the Church Saint Helen's School/ Community Intention (KD)
Fri 4th July	6.45pm 7.00pm	Morning Prayer of the Church Damian Quinn Intention
Sat 5th July	**5.30pm**	**14th SUNDAY IN ORDINARY TIME** for Our Young People
Sun 6th July	**10.00am** **11.00am**	for the People of the Parish for Peace (Bargoed)

THE SACRAMENT OF RECONCILIATION:

Saturday **6.30pm**, or at any time by arrangement with the priest.

PARISH PRAYER LIST:

In our prayers we are asked to pray for all who are sick, in hospital or at home, the long-term housebound, and also for their families and carers:

John Maguire	Carol Beech	Sandra Bray	Dafydd Thomas	Mary Gordine
Pauline Richards	Margaret Jones	Carol Morrissey	Frank Price	Anne Morgan
Pat Starynski	Katrin Merry	Albert Carley	Michael Thomas	Loraine Cahill
Gwyn + Margaret Bishop		Ann Head	Keith Jones	Lorna Elliot
Katherine Partenie	Anthony Bromley	Terrence Miles	Monica Skillen	Lloyd Jones
Mary + Alan Conant	Johanna + Brian Greenaway		Maria Walton	

	Saturday	Sunday
Church Cleaing	Team 2	
Welcome	Sylvia Miles & Mavis Bevan	Cliff Bray & angharad Morgan
Word	Claire Kelly, John Davies & Janet Mabey	Martyn Western, Jakub Kolasa & Steve Hoy
Communion	Maximillian Lewinski, Carys Outing &Sandra Williams	Gina Jenkins, Geraldine Holmes & Graham Taylor
Counting	Sandra Williams, Catherine Pritchard & Giovanna Fecci	

RUBISH! *Please note:*

- ✓ The bins by the house are for 'residential', i.e.: presbytery, rubish disposal only.
- ✓ The brown bins by the church side door are 'Commercial' and must be carefully sorted; if not they will not get emptied. For Church and Parish groups use only.
- ✓ Hall Hirers are contracted to deal with their own rubish and may not us the church bins.

MASS THIS SATURDAY (28th June) will be out side on the big lawn (Weather permitting). Some chairs will be available for those who need, but if you have a good picnic rug or folding chairs remember to bring them. Why not also bring a picnic or barbeque, and maybe some games, for a pleasant evening relaxing together on the lawn.

On Sunday we will celebrate the **BAPTISM** of **Ellis Hoy** in the morning Mass.

The NEWLY CONFIRMED and **those PREPARING** will gather in the hall on Wednesday, 7pm, to share stories, hear testimonies, and support one another **going forward. Please remember to keep them allin your porayers.**

AN ECUMENICAL PILGRIMAGE from Llandaff Cathedral to Saint David's Cathedral in Cardiff, a walk of about 3 miles, Thursday 3rd July. The Archbishop will be walking, as will the Bishop of Llandaff.Tickets are available (free) from Eventbrite - here's the link: https://www.eventbrite.com/e/ecumenical-and-interreligious-pilgrimage-tickets-1343733475999

Next Saturday evening we will welcome **Father Matt Roche Saunders**, the new (full-time) Diocesan **Youth Chaplain**, who wishes to work with us for the next year setting up a youth programme in the Parish: No, he won't give us all the answers, and certainly won't do it all himself: He will work with us - we will need to work with him. Are you up for it? – Let's do it!

The Benefice invites us to a **'HYMN-ATHON'** NEXT Sunday, 6pm in Saint Martin's church, a chance to sing along with many favourite oldies,, and a few new ones.

THANK YOU & CONGRATULATIONS to all who made the feast of **the Body and Blood of Christ**, the washed-out Corpus Christi Procession and the 'Communion Breakfast such a joyous occasion last Sunday, despite the rain. Special mention to the **Catechist** and the **P**arents who worked together to prepare the children, to the Musicians and servers who kept the Mass together, and most of all to **the Children** who behaved impeccably, and coped with the rain, the mountains of good food, the cake, and the certificates and photos. The Parents will meet again to review and continue their progress on Tuesday 8th July.

MANY THANKS again to the **Parish Flower Arrangers** for stunning flower festival displays which provided a beautiful background to the feast and the Communion celebrations.

The 2025 National Jubilee Walking Pilgrimage of Hope opens for day pilgrim registration The Pilgrimage of Hope is a national walking pilgrimage for England and Wales with four main Ways converging at the Cathedral of St Barnabas, Nottingham, on Saturday 13th September 2025, the eve of the Feast of the Exaltation of the Holy Cross. It is an initiative of the *Hearts in Search of God* project. The Ways start at the Catholic cathedrals in Cardiff, Leeds, Norwich and London and will bless our nations with a Sign of the Cross. The routes use established hiking routes and are off road as much as possible. A small group of 'perpetual pilgrims' will walk the full distance of each Way, with up to 20 day pilgrims joining for day stages. It is now possible for pilgrims to register for day stages: https://www.pilgrimways.org.uk/become-a-pilgrim-for-a-day.

And how about a Parish Pilgrimage? Join Father John walking the **CARDIFF to PENRHYS PILGRIMAGE** route on the 26th/27th August. (Overnight in Llantrisant) For the route and details go to: www.penrhyspilgrimageway.wales

"Jesus holds God's family together and he helps it to grow,
but he needs you just as the foundation needs the stones that make the wall"
Ephesians 2: 19-22.

SAINT HELEN'S COMMUNITY CENTRE – THIS WEEK:

Date	Time	Event
Sun 29th June	11.00 am 12.30pm	Tea, Coffee and Catch-up Baptism Party
Mon 30th June	9.15am 4.30 pm	Parents and Toddlers Fame Factory
Tues 1st July	10.00am 12.30pm	Music Appreciation Art for Beginners
Weds 2nd July	9.15am 4.30 pm 7.00pm	Parents and Toddlers Taekwondo Confirmation Progress
Thurs 3rd July	6.30pm	Singing Group (in Church)
Fri 4th July	9.30am 11.30am 4.00pm	Mini Athletics Street Pastors Trustees Dance
Sat 5th July	9.15am	Dance
Sun 6th July	11.00 am	Tea, Coffee and Catch-up

COLLECTIONS	21st / 22nd June
Gift Aid standing Orders	£ 527.00
Non Gift-Aided Standing Orders	£ 172.00
Loose	£ 364.35
TOTAL	**£ 1,063.35 Thank you**

THE CATECHISM OF THE CATHOLIC FAITH
Part 1: **THE PROFESSION OF FAITH: THE CREEDS**
Chapter Two: **I BELIEVE IN JESUS CHRIST, THE ONLY SON OF GOD**
Article 3: **"He Was Conceived By The Power Of The Holy Spirit, And Was Born Of The Virgin Mary"**
Paragraph 2. "Conceived by the power of the Holy Spirit and born of the Virgin Mary"
I. Conceived by the power of the Holy Spirit. . .

(486) The Father's only Son, conceived as man in the womb of the Virgin Mary, is "Christ", that is to say, anointed by the Holy Spirit, from the beginning of his human existence, though the manifestation of this fact takes place only progressively: to the shepherds, to the magi, to John the Baptist, to the disciples. (*Cf. Matthew 1:20; 2:1-12; Luke 1:35; 2:8-20; John 1:3 1-34; 2:11.*) Thus the whole life of Jesus Christ will make manifest "how God anointed Jesus of Nazareth with the Holy Spirit and with power." (*Acts 10:38*). *Catechism of the Catholic Church 1992*

"All of us must face and embrace the urgent need for deep social change—change that begins within, then spreads like ripples on a pond, and finally becomes a tsunami of love-inspired change. No matter your age, race, faith, gender, or sexuality, I hope … [to] give you a new sense of the power you have to be good and to insist on good; to care for others and insist on being cared for; to stand up for the vulnerable and stand against injustice; to love and be loved.…"
Jacqui Lewis, :: Fierce Love

Parish Directory

Priest: Revd. John Kelly 20 883192
Safeguarding Officer: cmben@hotmail.com **SVP:** 07704 292 945 **Hall Bookings:** 07533 082601
Bereavement support: 20863450 **Music:** 07971848734. **Piety shop:** 07777659744
CAFOD: 07726968374 / 07791318809 **Marriage Care:** appointments@marriagecare.co.uk
Saint Helen's Primary School: 20852532 **Cardinal Newman High School:** 01443 494110
email: **caerphilly@rcadc.org** Website: **www.sthelenscaerphilly.com**

Saint Helen is a Parish of the Archdiocese of Cardiff-Menevia, a Registered Charity, No. 117727